PACK for a PURPOSE®

Small Space. Little Effort. Big Impact.

Many of our travelers have asked us how they can give back. We are touched by our client's generosity but not every lodge or location has the same needs. Pack for a Purpose is an excellent organization which makes it easy to give something back to the local community in which you are traveling, targeted to their needs.

For information please see the website:
www.packforapurpose.org

Destinations: Africa.
Be sure to check that the lodges where you are staying are included in the program.

What Is Pack For A Purpose

Pack for a Purpose provides travelers with the current information they need to bring requested supplies for community-based projects around the globe. When you bring your selected supplies you can drop them at your lodging knowing they will be delivered directly to the project.

When you Pack for a Purpose, please bring only the specific items requested by the community-based projects. This is what is needed and will be greatly appreciated. The lists have been well researched and unrequested items, even with the best of intentions, are largely inappropriate for the communities and are likely to have little short and no long term benefits for them.

Candy and balloons are not on the needs list as they are harmful for the children and the environment for the following reasons:

• Few of the children benefiting from these projects have access to toothpaste, toothbrushes, or a dentist. The candy promotes cavities.
• The balloons once they become deflated are a choking hazard for local wildlife.

Instead of bringing candy or balloons, use that space for additional requested supplies, as they are priceless.

Before You Pack:

Check with your airline and travel agent to determine the current luggage allowance to your destination.

For Custom rules and regulations, check with the Embassy from the country you plan to visit. Or you can check with the specific lodging/tour company that you plan to stay at or use. They should be aware of the current rules at the specific time you are traveling.

School Supplies:

The following new items should be taken out of their original packaging and placed in the lightest possible plastic or fabric resalable bags: pens, pencils, erasers, individual pencil sharpeners, solar calculators and protractors.

The following items should be kept in their original packaging to prevent breakage: crayons, chalk and colored pencils. Plastic and wooden rulers should be wrapped in bubble wrap to prevent breakage. Games such as Scrabble®, Connect Four®, Dominoes® and Bananagrams® should be left in their original packages.

Medical Supplies:

Be sure to check the customs regulations of the country you are visiting if you plan to bring any requested medications, as what is allowed varies by country. Even "over the counter" medications may not be allowed in some countries. Any medicines that you bring should have an expiration date at least 8 months after the time you are bringing them.

Expensive items such as stethoscopes, blood pressure cuffs, etc., should be put in plastic or fabric resealable bags and *packed in your carry-on luggage*.

The following new items should be taken out of their original packaging and placed in the lightest possible plastic or fabric reusealable bags: Band-Aids, bandages and any other items where the weight would be reduced by eliminating the original packaging.

Soccer Balls:

Soccer balls should be deflated by moistening an inflation needle and carefully inserting it into the valve. After the needle is inserted, gently apply pressure to the ball until the ball is deflated. Remove the needle and tape it to the deflated ball. The deflated balls can be stacked to save space or soft items such as socks can be positioned in the cavities. Each deflated soccer ball will weigh about 1 lb. (.45 kg).

For your convenience, pack all items so they can be easily located within your luggage and dropped off when you arrive at your destination.

Print out this card and include it with your package: