

Royal Bush Spa Menu



Massages

There are tremendous benefits to be derived from regular massage therapy. Whether your need is to have a moment of relaxation, reduce muscle tension or attain relief from chronic pain, a therapeutic massage can enhance your overall sense of emotional and physical well-being. *You can choose to have your treatment outside, immersing yourself in the sounds of nature, or in our indoor treatment room.*

Treatment Times and Prices

30 minutes – US\$ 45

45 minutes – US\$ 50

50 minutes – US\$ 60

60 minutes – US\$ 70

75 minutes – US\$ 80

90 minutes – US\$ 90

120 minutes – US\$ 105

Children up to 12 years old - Back neck and shoulder – 30 mins \$25

Please note that selected massages have a minimum booking time required.

Traditional Zambian Ukuchina (Minimum 75 mins)

Ideal for stress, tension, depression, and post-natal recovery. One of Africa's oldest massage techniques.

Aromatherapy Massage (Minimum 45 mins)

Uses essential oils to promote healing, relaxation, and well-being.

Hot Stone Massage (Minimum 60 mins)

Warm oil and volcanic stones balance key chakra points to deeply relax the body.

Royal Recovery Massage (Minimum 90 mins)

A blend of different massage techniques using warm oils to fully rebalance body and soul.

Deep Tissue Massage (Minimum 75 mins)

Targets deep muscle layers, alleviating chronic tension, pain, and posture issues.

Swedish Massage (Minimum 45 mins)

Boosts oxygen levels in the blood, improves circulation, flexibility, and eases tension.

Back, Neck & Shoulder Massage (Minimum 45 mins)

Relieves stiffness and headaches while improving flexibility and strengthening the immune system.

Salt Scrub Massage (Minimum 60 mins)

Exfoliates, detoxifies, and rejuvenates the skin, leaving it glowing and refreshed.

Hot Oil Massage (Minimum 60 mins)

Strong, deep-tissue style massage designed for overworked muscles and improved circulation.

Facial Massage (Minimum 30 mins)

Anti-aging benefits, promotes lymphatic drainage, reduces tension, and enhances circulation.

Thai Head Massage (Minimum 30 mins)

Targets stress in the head, neck, and shoulders. Great for headaches, tension, and improved focus.

Indian Head Massage (Minimum 30 mins)

Releases stress from the head, face, neck, and shoulders. Ideal for stress reduction and toxin elimination.

Thai Foot Massage (Minimum 30 mins)

A blend of reflexology and acupressure, improving flexibility, circulation, and overall well-being.

Relaxing Foot and Leg Massage – 30 mins – US\$ 45

An invigorating massage that stimulates sluggish circulation in the legs, whilst relaxing the feet.

Hydro-Active Mineral Salts Body Scrub - 45 minutes – US\$ 70

This scrub therapy polishes the skin to a soft glow while providing the hydration and nourishment that the skin needs. (Not for pregnant women).

***Add an hour-long full body massage and get it for only US\$ 135.*

Please note: Moisturizer is applied to the body after the scrub has been removed

Dermalogica® Facials & Skin Treatments

Professional, results-driven skin therapy featuring Dermalogica's world-renowned skincare line.

Express Facial (30 mins) – US\$ 45

An introductory or quick refresher facial with maximum impact in minimal time.

Dermalogica MicroZone® Treatments

Targeted, 20-minute solutions for pressing skin concerns.

Flash Exfoliation – US\$ 20

Men's Skin Fitness – US\$ 40

Eye-Lash and Eye-Brow Tinting

Eye-lash tinting: Choose between brown, blue-black and black – US\$ 20

Eye-brow tinting: Choose between brown, blue-black and black – US\$ 20

Waxing

Eyebrow: US\$ 5

Chin: US\$ 7

Upper lip: US\$ 7

Cheeks (both sides): US\$ 10

Underarms: US\$ 12

Bikini: US\$ 25

G-String: US\$ 35

Brazilian: US\$ 40

Hands and Feet

The Bush Spa takes the care of your hands and feet to a new level – a necessity when on safari. Our therapists pride themselves on giving you the best service possible for long-lasting and beautiful results.

Manicure – 45 mins – US\$ 30 (If choosing gel polish \$50)

Manicure for children up to 12 years \$20 (\$30 for gel)

This treatment is for both your nails and your hands. Includes filing, shaping, cuticle work, hand and arm massage, buff and polish.

Revarnish – 30 mins – US\$ 10

Nail tidy and varnish.

Paraffin Dip Extra – 15 mins – US\$ 15

Add a paraffin dip to your manicure.

Pedicure – 60 mins – US\$ 35 (If choosing Shellac gel polish \$55)

Pedicure for children up to 12 years \$20 (\$30 for gel)

Includes a foot soak, scrub, nail and cuticle tidy followed by a luxurious foot massage and re-varnish.

Relaxing Foot and Leg Massage – 30 mins – US\$ 45

An invigorating massage that stimulates sluggish circulation in the legs, whilst relaxing the feet.

Sole Foot File Treatment – US\$ 20

Scrub away the rough soles of your feet

Luxury Packages

The Ultimate – 3 hrs 30 mins – US\$ 200

Enjoy three and a half hours of pure bliss in our bush spa. The sounds of the African bush are your music while you soak up the breathtaking views of the beautiful Zambezi River.

Includes:

Royal Foot Bath
Pedicure or Manicure
Royal Recovery Massage
Relaxing facial

Royal Revive – 1 hr 50 mins – US\$ 130

Re-energise and relax your body, mind and soul with this combination of treatments.

Includes:

Royal Foot Bath and foot massage
Hydro-active mineral salt body scrub
Swedish Massage

Royal Delight – 1 hr 50 mins – US\$ 115

An ancient Indian head massage that improves blood circulation and lymphatic flow, combined with a hot oil massage to relax your whole body and mind.

Includes:

Royal Foot Bath
Indian Head Massage
Hot Oil Full Body Massage
Manicure

Royal Men's Deluxe – 1 hr 30 mins – US\$ 100

Relax and enjoy a combination of bespoke treatments tailor-made for men's skin, hands and feet.

Includes:

Men's Pedicure and Manicure
Thai Head Massage
Skin Fitness Facial

Royal Express – 1 hr 20 mins – US\$ 100

Are you in a hurry and only have limited time for a package among your exciting activities? Try this express package.

Includes:

Express Facial

Back, Neck and Shoulder Massage

Choose from an Express Pedicure or Manicure

Treatment times include relaxing before and after your physical treatment.

All prices include 16% VAT.

Please book your treatment at the Royal Zambezi Lodge main building with one of the managers (Mwaka, Richard or Aggie) or with the Spa therapist in camp (Nandy or Cecilia). There will always be one of the managers, and usually a therapist, if she is not booked, available during meal for bookings.

