



## IGOO KHASHANG-SEKTI

**T**he Igoo Khaspang-Sekti trek promises to be one of the most beautiful trekking routes in the vicinity of the camp. Though it's a short walk, it presents an experience completely unparalleled in terms of natural beauty, spiritualism and altitude gain in a short span.

Most residents belong to the Drug-Pa sect of Buddhism (under Hemis Monastery) and their main occupation is farming or learning the nuances of a spiritual life.

The excursion begins with a drive to the top of scenic and quaint Igoo-Khaspang village, from where you walk to the Khaspang Meditation Retreat at an altitude of 4,445mts. The building houses a small *gompa*. Enjoy a relaxing cup of tea and soak in the warm sunshine and the wilderness that abounds, while you take pleasure in sighting Chukar and Tibetan Partridges.

Following a visit to the complex, continue walking up the rolling hills to the Khaspang La Pass. After a relaxed lunch at the pass, the walk takes you further downhill to reach the rustic Sakti village. From this pinnacle, the Hemis valley, Chemday village, Sakti village and the Wari La Pass all spread out like a visual feast.

From Sakti village, continue by surface to the camp.

En route, you have the option of visiting Chemday Monastery. Originally a palace, it was offered as a ritual offering on the death of King Sengge Namgyal. Here, admire centuries old murals and statues, other than its old charm.



**EXCURSION TYPE:** A guided trek.

- **DURATION OF ACTIVITY:** Full day.
- **DISTANCE FROM CAMP:** 02 hours 40 minutes (round trip.)
- **ALTITUDE:** Khaspang Meditation Retreat - 4,445m. ( 14,669 ft)  
Khaspang La - 4,745m(15,659ft )

**PHYSICAL RATING:** Demanding. Not suitable for people with heart problem, asthma. Suitable for those who indulge in activities like hiking and trekking.

**MINIMUM AGE:** 14 above.

**SEASON:** June to early October. The mountain passes get very cold up till the month of June hence our tours are conducted in the warmer months. Although end September and early October can also be chilly.

**TRAVEL NOTE:**

- Wear comfortable, warm clothing along with a pair of good walking shoes.
- Carry sunscreen and a hat.
- People opting for this activity must be well acclimatised prior to it.