

SPA

tariff

| ONE&ONLY SPA TREATMENTS | DURATION (MINS) | PRICE (ZAR) |
|--|-----------------|-------------|
| NATURE | | |
| Essence of Cape Town | 120 | 3850 |
| African Journey | 90 | 2750 |
| Table Mountain Tonic | 120 | 2950 |
| Espa Nature's Resonance by ESPA | 60 | 2770 |
| Harmonising Ritual | 90 | 2870 |
| GLOW | | |
| One&Only Bespoke Facial | 60 | 2060 |
| Espa Plump and Brighten | 90 | 2500 |
| ESPA Smooth and Sculpt with NuFace | 90 | 2500 |
| Espa Nourish and Glow | 60 | 2160 |
| Espa Natural Lift | 90 | 3050 |
| BIOLOGIQUE RECHERCHE | | |
| Skin Instant Lab | 30 | 550 |
| Modular Booster Remodelling Face® | 30 | 850 |
| Biologique Recherche Facial Treatments | 60 | 3000 |
| Soin Seconde Peau | | |
| <i>(revitalising, rejuvenating and renewing)</i> | 90 | 6990 |
| Soin Triple Lift avec Remodeling Face® | | |
| <i>(triple lifting, toning and firming)</i> | 120 | 5090 |
| Micro Puncture Lab | 60 | 3050 |
| SOOTHE | | |
| One&Only Inner Calm Massage | 60/90 | 1950/2250 |
| Soothing Muscle Melt | 90 | 2350 |
| Warming Deep Muscle Massage | 60/90 | 2050/2250 |
| Strength and Resilience Massage | 90 | 2250 |
| Tailored Time | 120 | 3500 |
| Body Wrap | 60 | 1880 |
| Salt and Oil Scrub | 30 | 970 |
| Muscle Reviver | 45 | 1750 |
| VITALITY | | |
| ESPA Hero Back, Face and Scalp | 90 | 2750 |
| Mindful Moment Massage | 90 | 2500 |
| Contour and Firm Body Treatment | 120 | 2850 |
| ESPA Positivity Massage | 90 | 2450 |
| COUPLES TREATMENT | | |
| Tranquillity | 120 | 6550 |
| Oasis Experience | 120 | 6950 |
| Seclusion Suite with Bath Ceremony | 60 | 1950 |

Prices valid until 31 October 2026

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ONLY FOR THE NEW GENERATION

| | | |
|-------------------|----|------|
| Millennia Massage | 50 | 1150 |
| Freshen Up Facial | 50 | 1510 |

NURTURE

| | | |
|---------------------------------|-------|-----------|
| Pre-Natal Relax and Restore | 60/90 | 1850/2200 |
| Mother-to-be Spa Ritual Massage | 120 | 2950 |

PEDI:MANI:CURE STUDIO

| | | |
|------------------------------|----|------|
| Bastien Duo | 75 | 1850 |
| Bastien Pedicure | 60 | 1150 |
| Bastien Manicure | 45 | 850 |
| Nail Brightness | 45 | 750 |
| Foot Refoundation Massage | 35 | 850 |
| Global Hand and Foot Massage | 35 | 950 |
| Scrub Touch | 10 | 195 |
| Colour Touch | 20 | 180 |
| Paraffin Touch | 20 | 220 |

HALF & FULL DAY INDULGENCE

| | | |
|----------------|-----|------|
| Island Escape | 210 | 4600 |
| Island Retreat | 285 | 6050 |

TREATMENT ENHANCEMENTS

| | | |
|--------------------------------|------------------|-----|
| Isotonic Hydra Gel Eye Patches | within treatment | 275 |
| Personalised Massage | 30 | 950 |
| Optimal ProFacial | 30 | 950 |
| Hotstone / Bellabaci Cups | - | 175 |
| Brow / Lip Waxing | 30 | 225 |
| Underarm | 30 | 225 |
| Brazilian | 45 | 550 |
| Hollywood | 60 | 650 |
| Bikini | 45 | 475 |
| Half Leg | 30 | 575 |
| Full Leg | 50 | 675 |

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