

TITILAKA

LAGO TITICACA / PERÚ

EXCURSIONS GUIDE





EXCURSIONS, CROSSINGS, AND ACTIVITIES

The simple mention of Lake Titicaca is enough to transport one to a sublime, otherworldly place. Set between the Peruvian and Bolivian border, at 12,000 feet above sea level, Lake Titicaca, “the Incas’ birthplace”, is an emblem known for its cultural richness and enigmatic beauty.

Uncover the cultural, historic and natural richness of the area around the lake through our wide array of activities and outings. These bespoke excursions are designed to meet your interests and capabilities, and can range from short to full-day, in the lake or around the lodge.

L

IN THE LAKE

A

AROUND THE LODGE



L ISLANDS OF LAKE TITICACA EXCURSION

Explore the Uros floating islands and the Island of Taquile on this full-day trip, one of our most popular excursions.

Neither land, sky, or water, but rather at the intersection of the three. Totora, or junco reed roots, serve as unique building material for the floating islands of the Uros Titino communities of Lake Titicaca.

The Islands of Lake Titicaca excursion brings our guests close to the islands' Uro-Aymara communities, providing a unique opportunity to grow personally acquainted with the men –skilled reed raftsmen–, and women, - expert weavers famous for their craft–, as well as the ancestral techniques

used to keep their islands afloat, among other aspects of their remarkable heritage.

In Taquile, guests will experience the Quechua imagination in the textile weavings unique to the area and recently included in UNESCO's Masterpieces of the Oral and Intangible Heritage of Humanity.

Enjoy lunch outdoors as you treat yourself to the grandeur of Puno's deep blue skies mirrored across Lake Titicaca with views of Bolivia's Cordillera Real, or Royal mountain Range, in the background.

DURATION	7-9 HRS
LEVEL OF DIFFICULTY	I, II
FREQUENCY	DAILY
SCHEDULE	MORNING
MEALS	SNACK, LUNCH, BEVERAGES
ATTRACTI0NS	GEOGRAPHY, BIRDS, NATURAL BEAUTY, TRADITIONAL CUSTOMS
HIGHLIGHT(S)	TAQUILE'S TEXTILES, A UNESCO MASTERPIECE OF THE ORAL AND INTANGIBLE HERITAGE OF HUMANITY; UNIQUE TOTORA REED FLOATING ISLANDS.
RECOMMENDED FOR CHILDREN	



A AYMARA ROUTE EXCURSION

The Aymara Route excursion, spanning a whole day, involves growing acquainted with the geography, nature and views of Acora and the Chucuito peninsula.

Dive into the pre-Incan era through the legends and stories your guide will share and learn about Lake Titicaca's importance in the local worldview and as a means of subsistence.

Make your way through meandering paths, open fields and pastures, be it by car, bike, or foot, watching native birds in their ecosystems, archaeological remains, and astonishing

landscapes.

As part of the excursion, guests will get to meet members of the neighbouring communities learn about their daily labours. Eventually we will reach natural lookouts, having the chance to stop and enjoy specially prepared lunches in the company of the lake's calm and majestic views.

DURATION	7-9 HRS
LEVEL OF DIFFICULTY	I, II
FREQUENCY	DAILY
SCHEDULE	MORNING
MEALS	SNACK, LUNCH, AND ON-FIELD BEVERAGES
ATTRACTI0NS	GEOGRAPHY, BIRDS, CUSTOMS, AND ARCHAEOLOGY
HIGHLIGHT	BEAUTIFUL SCENERY AND EXAMPLES OF LAKE LIFESTYLES
	RECOMMENDED FOR CHILDREN



VIRTUOSO.
PREFERRED



RELAIS &
CHATEAUX

A COLLA ROUTE TREK

Leaving early in the morning, travelers have numerous route options to choose from along the Colla Route, part of the original network of Incan roadways that runs through the rocky mountain area near the lodge.

While walking, you'll be able to enjoy views of Bolivia's impressive Cordillera Real (Royal Mountain Range). Continuing

onto the Hilarata Summit, guests will be rewarded with amazing views of Lake Titicaca and the Altiplano below where the Santa Rosa and Thunuhuaya communities are located.

Finally descending over Lagoon Chatuma, where locals hold rituals and ceremonies to this day.

DURATION	4-5 HRS
LEVEL OF DIFFICULTY	II, III
FREQUENCY	BOOKING REQUIRED
SCHEDULE	MORNING
MEALS	SNACK, PICNIC AND BEVERAGES
ATTRACTIIONS	GEOGRAPHY, COMMUNITIES
HIGHLIGHT	PRIVILEGED PANORAMIC VIEWS OF UP TO 90% OF THE LAKE.
	SUGGESTED FOR CHILDREN ABOVE 12



VIRTUOSO
PREFERRED



RELAIS &
CHATEAUX

A LOCAL FESTIVITIES

Known as the Peruvian Capital of Folklore, Puno is host to some of the region's most renowned traditional festivals. Among the most celebrated and popular, the feast of the Virgin of la Candelaria, declared Intangible and Cultural Patrimony of Humanity by UNESCO boasts over 360 pre- and post-colonial dances. Weaving together a unique version of local history, this festival is held each February and gathers around 40,000 people. Storming Puno's streets with vibrant dance and lively

traditional wear made solely for the celebration, the Virgin of la Candelaria is the region's most representative celebration.

Titilaka has identified 12 local feasts near the lodge, and if your stay with us coincides with any of them, our guides will gladly assist you in enjoying these. Be among the few travelers who have experienced these typical Peruvian traditions.

DURATION	1-3 HRS
LEVEL OF DIFFICULTY	II
FREQUENCY	ACCORDING TO FESTIVALS CALENDAR
SCHEDULE	MORNING OR AFTERNOON
MEALS	SNACK AND BEVERAGES
ATTRACTI0NS	FOLKLORE, MUSIC, DANCING AND LOCAL TRADITIONS
HIGHLIGHT	THE VIRGIN OF LA CANDELARIA FEAST, RECOGNIZED WORLDWIDE; TYPICAL DRESS AND DANCES FROM THE AREA
	RECOMMENDED FOR CHILDREN



L BIRDWATCHING

Accompanied by our specialized guides, you'll be led in spotting, identifying, and even mimicking bird songs in this immersive birdwatching experience. As part of the excursion, you'll visit different ecosystems where you'll be able to find a wide range of local birds species.

As a member of the RAMSAR Convention on wildlife, this neighbouring protection site is home to some 103 species of migratory and residential birds, several of which are only native to this area.

Departing early in the morning or late in the afternoon, you'll find birds leaving for breakfast or returning home for a night's rest. Some species are highly recognizable on account of their colorful feathers while others are harder to spot in the opaque and subdued tones of their plumages used as camouflage. Depending on the season, you'll be able to see flamingos and Great crested grebes, among other species.

DURATION	4-5 HRS
LEVEL OF DIFFICULTY	II
FREQUENCY	BOOKING REQUIRED
SCHEDULE	MORNING AND AFTERNOON
MEALS	SNACK AND BEVERAGES
ATTRACTIIONS	GEOGRAPHY, BIRDS
HIGHLIGHT	GREAT CRESTED GREBES, OR THE ZAMBULLIDOR DEL TITICACA, AN ENDANGERED NATIVE BIRD AT RISK OF EXTINCTION

ARAMU MURU

TITILAKA



VIRTUOSO
PREFERRED



RELAIS &
CHATEAUX

A ARAMU MURU

Aramu Muru, also known as the Gate of Hayu Marka, is renowned for its stunning rock formations and rich ancestral history, dating back to pre-Incan times.

For many local communities, Aramu Muru is considered a sacred site and a point of connection between the earthly and spiritual worlds. It is believed that the gate is a dimensional portal or a gateway to other planes of existence.

Additionally, Aramu Muru is said to be a place of energetic power, where the forces of the earth and cosmos intertwine.

Our expert local guides will share with you the history and legends associated with Aramu Muru as you explore the ancient rock-carved structures and petroglyphs.

During the excursion, you will also be able to enjoy breathtaking panoramic views of the surrounding landscape, including Lake Titicaca and the Andes mountains.

DURATION	2-3 HRS
LEVEL OF DIFFICULTY	II
FREQUENCY	PRIOR BOOKING
SCHEDULE	MORNING AND AFTERNOON
MEALS	SNACK AND BEVERAGES
ATTRACTI0NS	ARCHAEOLOGY, HISTORY



L RAFTING THROUGH THE REEDS

Allow our guides to gently lead you on a raft through masses of Totora reed near the lodge as you learn more about this local hydrophilic plant species. Explore the lake's ecosystem and learn about the close relationship existing between the peoples inhabiting the lake and its natural resources.

The Totora reed is as much part of the local diet as it is a construction material used for housing. The system for Totora

reed distribution is similar to that used for property or land, with reed distributed among locals for harvesting.

This nutritious reed also provides a special ecosystem for birds such as the goldcrest, flightless grebe, moorhen and heron.

DURATION	1-3 HRS
LEVEL OF DIFFICULTY	I
FREQUENCY	DAILY
SCHEDULE	MORNING AND AFTERNOON
MEALS	SNACK AND BEVERAGES
ATTRACTI0NS	BIRDWATCHING, BEACHES, LOCAL TRADITIONS
	ACTIVITY SUBJECT TO WEATHER



L BOAT HOUSE -NAUTICAL SPORTS

The first nautical sports facility on Lake Titicaca, our boat house offers you the exclusive opportunity to sail at more than 12,000 feet above sea level. Choose among kayaks, Canadian canoes, paddle boards, and sunfish sailboats, or try them all as you explore this wonderful body of water.

Experienced Titilaka instructors are at hand to look over your safety and explain navigation procedures before you begin your nautical journey. Explore the lake at your pace

while enjoying the serenity of its views and silence. Discover the nearby ecosystems strewn among its shores and Totora reeds, an ideal location to observe local wildlife and plants making Titicaca their home.

Don't miss views of the lodge as you make your way through the lake and look forward to snacks and refreshing beverages on our outdoor terrace once you're ready to head back.

DURATION	1-3 HRS
LEVEL OF DIFFICULTY	I, II, III
FREQUENCY	DAILY
SCHEDULE	MORNING AND AFTERNOON
MEALS	SNACK AND BEVERAGES
ATTRACTI0NS	BIRDWATCHING AND LAKE TITICACA COASTAL WILDLIFE
HIGHLIGHTS	EXPLORE THE WORLD'S HIGHEST NAVIGABLE LAKE ACTIVITIES SUBJECT TO WEATHER SUGGESTED FOR CHILDREN OVER 12

A AYMARA CONSTELLATION OBSERVATION

Puno's clear skies and the Altiplano's serenity collaborate to make the lake's environment a perfect place for astrological observation. Layer up before stepping outside to our lodge gardens where your guide will explain the movement of stars and locate constellations such as the Wawawara Hawira, or Milky Way.

Learn about the religious beliefs of the Andean societies, with duality between the sun and moon serving as origin of the world and cosmic order. Partake in the tradition of storytelling, a local source of knowledge, as you listen to legends passed down through generations, from ancestral time to this day.

DURATION	1 HR
LEVEL OF DIFFICULTY	I
FREQUENCY	DAILY
SCHEDULE	NIGHT-TIME
MEALS	WARM BEVERAGES
ATTRACTI0NS	STARGAZING, ANDEAN WORLDVIEW
HIGHLIGHT	OBSERVING THE SPECTACULAR ALTIPLANO SKY WHILE LISTENING TO UNIQUE STORIES FROM THE REGION
	ACTIVITY SUBJECT TO WEATHER CONDITIONS
	RECOMMENDED FOR CHILDREN



A EXCURSION TO LAMPA

On the way to or from the airport, stop and visit Lampa, a colonial-period architectural gem and previous Spanish stronghold in the area.

Known as the 'Pink City' for its wall's lively tint, Lampa invites travellers to visit its church, old mansions, and squares. Renown in the region for its architecture, the Lampa church is the only local temple built exclusively for the use of Spanish landowners. Explore the mysterious catacombs and the impressive replica of Michelangelo's "La Pietá."

DURATION	1-3 HRS
LEVEL OF DIFFICULTY	I
FREQUENCY	DAILY (EN-ROUTE TO AND FROM THE JULIACA AIRPORT)
SCHEDULE	MORNING AND AFTERNOON
MEALS	SNACK, OR LUNCH, AND BEVERAGES
ATTRACTI0NS	GEOGRAPHY, BIRDS, ARCHITECTURE, ART, AND COMMUNITIES
HIGHLIGHT	THE CHURCH'S ART, ARCHITECTURE, AND CATACOMBS
	RECOMMENDED FOR CHILDREN



A EXCURSION TO SILLUSTANI

Perhaps the region's largest and most important pre-Hispanic funeral ground, the archeological complex of Sillustani is evidence of the area's rich past and offers visitors privileged views of Lake Umayo.

Host to a number of chullpas - the ancient funerary tower-like structures - built exclusively to house the remains of nobles and distinguished individuals, Sillustani is among the best kept archaeological sites in the area. The chullpas have varying architectural forms resulting from changing time periods and

power shifts of groups such as the Pucara, Kolla, and Incas. Made up of rocks weighing between 2 and 6 tons, the largest tower in the complex, known as the Lizard Tower, is estimated to have taken over 50 years to build.

Combining archeology, history, and unforgettable views, Sillustani is a must-see location.

DURATION	1-3 HRS
LEVEL OF DIFFICULTY	II
FREQUENCY	DAILY (EN ROUTE TO AND FROM THE JULIACA AIRPORT)
SCHEDULE	MORNING AND AFTERNOON
MEALS	SNACK OR LUNCH, AND BEVERAGES
ATTRACTI0NS	GEOGRAPHY, BIRDS, LOCAL TRADITIONS, AND ARCHEOLOGY
HIGHLIGHT	THE REGION'S BEST KEPT CHULLPAS, OR FUNERARY TOWERS; BEAUTIFUL VIEWS OF NEARBY LAKE UMAYO.
	RECOMMENDED FOR CHILDREN

Andean

T: +51 1 700 5105
concierge@aeco.pe
www.titilaka.pe