



THE ALEXANDER ESTATE

CAPE TOWN • EST. 1960

For bookings, please contact:
reservations@thealexanderestate.com | +27 074 377 6750

Our Spa Menu

Facials

Signature Facia Release Facial	80 min	R1600
Africology Bespoke Facial	60 min	R1400
<i>Aloe/ Antioxidant/ Balancing/ Repair/ Vitamin C</i>	80 min	R1600
Africology Rose Quartz Facial	80 min	R1400

Body Wraps

Cacao Stem Cell Renewal Ritual	90 min	R2300
Africology Immune Boosting Body Wrap	75 min	R1310
Africology Rooibos & Lavander Clay Wrap	75 min	R1310
Africology African Potato Wrap	75 min	R1310
Africology Detox Body Wrap	75 min	R1310

Hydrotherapy & Sauna

Water therapy (Hydro)	60 min	R1200
Dry Heat Therapy (Sauna)	30 min	R500
Steam & Aromatic Inhalation	20 min	R500

Spa Butler Post-Treatment Rituals

Aroma Oil Blends	R220
Hyaluronic Body Spray	R230
DMSO Gel 30ml	R650

Body Massage

Signature Ocean & Vineyard Ritual	90 min	R2250
Africology Muscle & Joint Magnesium Therapy	60 min	R1300
	90 min	R1950
Africology Skin-chi Summer Glow	60 min	R2250
Africology Hot Stone Massage	60 min	R1100
	90 min	R1550
Africology Shea Aromatherapeutic	60 min	R1040
	90 min	R1550
Devotion Journey	90 min	R2250

Per couple

Manicure & Pedicure

African Potato Experience		
Manicure	60 min	R610
Pedicure	80 min	R800
Africology Standard		
Gel Manicure	45 min	R520
Gel Pedicure	60 min	R580
Copper & Hot Stone Treatment		
Manicure	60 min	R610
Pedicure	80 min	R800