



TINTSWALO

SUMMER HOUSE

SINCE 1904
GLENCARIN | CAPE TOWN

High Tea

*A Selection Of Fine Loose Leaf Teas
And Delicate Treats*

Delicate Treats

Savoury

Cape Malay bobotie springrolls | Coronation
chicken pies | Chilled potato and leek soup
Prawn and avocado puffs

Finger sandwiches

Classic cucumber and cream cheese | Franschhoek
smoked trout, cream cheese and cucumber |
Grass-fed roast beef with caramelised onions whole
grain mustard aioli | Classic egg mayo with chives

Scone basket

Freshly baked scones served with fresh cream,
clotted cream and assorted jams and cheese | Cheese
and herb savoury scones

Sweet treats

Raspberry macarons | Lemon meringue tarts
Classic pecan tarts | Red velvet cake | Whole cake
Chef's choice cake of the day

R495pp

*Includes a welcome glass of our MCC wine.
Accompanied by your choice of a hot beverage from
our curated selection of loose-leaf teas, coffee, or hot
chocolate.*

Guests can choose any tea from our menu.

*If you have any special dietary restrictions or allergies,
please advise a member of the service team. A full list of
allergens within each of our dishes can be obtained
from your waiter.*

*Kindly note that a discretionary service charge of
12.5% will be added to your bill for 6 or more guests.*

A Story in Every Sip,

Curated with Nigiro Tea

Here at Summer House, tea isn't just a drink it's an experience. A quiet celebration. A little moment of beauty in your day. Every blend on this menu has been lovingly chosen to tell a story of the historic Glen Cairn Hotel, of the bold women behind Tintswalo, and of this colourful, soul-filled house by the sea. It's history you can sip on.

Style you can steep. And comfort you'll come back for.

Whether you're starting your morning with a bright infusion, floating through a breezy afternoon with something floral, or winding down with a cosy nightcap, there's a blend for every mood and moment.

Meet Our Tea Sommelier

We've got a dedicated tea sommelier-in-the-making right here at Summer House, part storyteller, part flavour guide, and all heart. He's always around to recommend the perfect cup for how you're feeling (or how you want to feel), and may even share a little tea tale or two along the way. Trust us, he's a conversation starter.

And yes, you can take it home!

Love what's in your cup? You'll find all our signature blends beautifully displayed (and for sale!) in our Curio Shop, complete with a custom-built tea cupboard made just for Summer House. Sip slowly, stay curious, and let the tea do the talking.

The Women Who Steeped Our Story

Some stories deserve their own blends. Gaye, Lisa, and Cam aren't just the heart of Tintswalo, they're the soul of the Summer House.

- Gaye started the story.
- Lisa carried the flame.
- Cam is painting the future bright.

Three generations of bold vision, quiet wisdom, and endless style. These teas are dedicated to them because behind every unforgettable place, is a woman (or three) who made it feel like home.

Signature family teas

Graceful Gaye

Rooibos Lemon Ginger Pandan

STORY:

The Matriarch. The Founder. The Quiet Force. This tea honours Gaye, who alongside her husband Ernest built Tintswalo from a dream into a legacy. Elegant, grounded, and full of quiet wisdom, she laid the foundation on which every Tintswalo story now stands.

NOTES:

Zesty lemon, warming ginger, soft pandan sweetness; vibrant yet calming.

Tea with Lisa

Blue Horizon Green Tea

ORIGIN:

Japanese Sencha from Shizuoka, blended with mango, passionfruit, and citrus.

STORY:

There's tea, and then there's tea with Lisa. Deeply intuitive, kind, and quietly powerful, Lisa's presence brings calm to chaos, warmth to every room, and depth to every conversation. Every sip feels like a conversation with her - rich, comforting, and unforgettable.

NOTES:

Tropical fruit and citrus zest; fresh and uplifting.

Cam in Colour

Celebration Flowering Tea

ORIGIN:

Hand-tied green and white tea with jasmine and chrysanthemum blossoms, blooming in water. Story: Bright. Bold. Beautiful. Cam's design instinct brought life, colour, and style to every corner of the property. This tea perfectly captures her flair for design, her love of pink, and her vibrant personality. It also celebrates her achievement of bringing the Summer House to life, overcoming the challenges of restoring an old hotel and turning it into something unforgettable.

NOTES:

Delicate floral taste, visually striking.

Pure green teas

Renee's Sencha Sencha Fukujyu (Japan)

STORY:

Harvested near Mount Fuji, this tea is steamed to preserve its grassy freshness. Dedicated to Renee, the lady of the house, known for her quiet strength and refinement.

NOTES:

Grassy, vegetal with a crisp finish.

Pure oolong blue teas

Terrace View Oolong Ali High Mountain Oolong (Taiwan)

STORY:

Hand-plucked at high altitude, this oolong reveals floral, woody, and sweet notes with each infusion. Inspired by the hotel's terraces overlooking Glencairn Bay.

NOTES:

Smooth, layered oolong; changes with each steeping/infusion.

Pure black tea

1904 (The Glencairn Southern Right Hotel) African Breakfast Blend

STORY:

A bold black tea from Kenya, Malawi, and Tanzania, honouring the year the Southern Right Hotel was built and its earliest guests.

NOTES:

Strong, malty, brisk, and invigorating.

Scented & Flavoured Black Teas

Founders' Gift Lapsang Souchong

STORY:

The Glencairn Hotel was built in 1904 by John Parker. The annex was added in 1918, with further additions in the 1950s. This smoky classic honours their vision and endurance. Large Souchong leaves, roasted and smoked over resin-rich pine wood, give the tea its distinct aroma. A tea with a dedicated following, as enduring as the founders themselves.

NOTES:

Black tea with bergamot, soft sweetness, smoky aroma.

Herbal Infusions

Seaside Garden Lemongrass Chamomile Apple

STORY:

Chamomile, lemongrass, and apple combined for a calming, citrusy sweetness, inspired by Glen Cairn's gardens and seaside tranquillity.

NOTES:

Floral chamomile, crisp lemongrass, mellow apple; soothing.

South-Easterly Wind Spearment Lemongrass Moringa Buchu

STORY:

Blended African herbs with spearmint and lemongrass, this infusion captures the freshness of the southerly winds that sweep through Glencairn.

NOTES:

Grassy citrus, sweet mint, subtle spice; refreshing.

Fruit Infusions

Lady of the House

Forest Berries

STORY:

A lively fruit infusion dedicated to Renee, the lady of the house. Just like her, it's warm, welcoming, and filled with subtle charm.

NOTES:

Blueberries, raspberries, blackberries, strawberries, apple, and hibiscus. Powerful fruitiness shines through each sip. Delicious iced, in a smoothie, or with yoghurt.

Flavoured Honeybush

From Garden Route to Summer House

Rooibos Honeybush Fruit Blend

STORY:

Inspired by the coastal journey from Port Elizabeth to Glencairn, this blend of Rooibos, honeybush, and fruit reflects the vibrant landscapes along the Garden Route.

NOTES:

Fruity, full-bodied, subtle woody sweetness.

Pure Rooibos

Rubi Room

Pure Rooibos (Cederberg)

STORY:

Grown only in the Cederberg mountains, this naturally caffeine-free Rooibos glows like the bold red tones of the Rubi Room. A South African treasure.

NOTES:

Naturally sweet, soft honey tones.

Seam Coffee

Considered Coffee

We serve Seam Coffee, a roastery built on the belief that coffee is more than a commodity it represents the lives and communities behind every bean. Seam partners directly with farmers, paying above production costs and returning 100% of green profits to producers.

By visiting farms, understanding challenges, and trading transparently, Seam ensures every cup supports the people who grow it.

Espresso

Americano

Cortado

Cappuccino

Flat White

Latte

Chai Latte

Hot Chocolate

