



DISCOVER SPA NA COLINA

Let your body and mind ease into a dreamy state at our heavenly Spa na Colina. We have a light and airy treatment room that can cater for exclusive single or dual treatments, a separate bathroom with shower and a relaxing courtyard to enjoy your post treatment freshly squeezed juice, whilst taking in the tranquil surrounds.

Spa na Colina is open 8am – 5pm daily.

After hour appointments are available on request.

Appointments for the Spa can be made at reception.

Pre-booking onsite is essential to avoid disappointment.

PRODUCT BRANDS



THALGO

For thousands of years, the powers of the sea have been renowned for their role in revitalising, rebalancing and healing the body. In the 19th Century, the French became the specialists in a sea water based cure coined: "Thalassotherapy", In 1964 Thalgo was created as a mixed concept to Thalassotherapy and Algotherapy. Thalgo draws on the formidable potential of algae, concentrating on the natural ingredients, giving lasting, visible results. As the undisputed experts in Marine intelligence, Thalgo offers unique treatment experiences and optimum effectiveness.



CSPA

Made in Africa, For Africa. With a focus on ancient aromatherapy philosophies and the lipo-soluble nature of essential oils, the CSPA brand awakens a yearning of total skin and body wellness.

Concentrating on feeling and emotions, the aromatherapy journeys taken with these products are tailored to your individual needs and desires.



FACIAL TREATMENTS

Thalgo Heart of the Ocean Rituals

The vital force of the oceans concentrated at the heart of a carefully tailored treatment to meet the specific needs of every skin type. Effective signature professional products and an invigorating, relaxing massage is available in these treatment rituals.

SOURCE MARINE - 60 MINS This facial lastingly corrects the hydration level of dehydrated skin, deeply replenishes, and restores the skins velvet feel and original radiance.	\$85.00
PURITY MARINE - 60 MINS Specifically designed for combination to oily skin, this treatment provides marine power to restore the beauty of healthy skin. Visibly reduces imperfections, redefines pores and controls shine.	\$85.00
COLD CREAM MARINE - 60 MINS A haven of peace for dry and sensitive skin, this treatment delivers the essence of the cold cream marine recipe, a Thalgo exclusive, to lastingly nourish, increase the skin tolerance threshold of delicate and fragile skin.	\$85.00
MEN'S TREATMENT - 60 MINS If your concerns are dehydration, dryness, sensitivity or oily skin, this treatment provides a tailored solution for the male skin. Enriched with extracts of Algue Bleue Vitale, a cell energising complex, and strengthened by a relaxing massage, this treatment addresses all the needs of men's skin, leaving it revitalised and perfectly balanced.	\$85.00
EXPRESS HYDRA RADIANCE FACIAL - 30 MINS This treatment effectively hydrates the skin, magnifies radiance and corrects dull, tired complexions. The secret of its effectiveness is its professional mask and serum, combined with the Energising	\$45.00

Digito-Pressure massage.



MASSAGE TREATMENTS

All massage treatments are tailored to your specific needs and areas of concern. Different pressures and aromatherapy oils are determined prior to treatment with your therapist to enable the best from your treatment. Please inform your therapist during the treatment if you wish for a change in pressure or area of concentration.

BACK MASSAGE - 30 MINS	\$55.00
AFRICAN HEAD MASSAGE - 30 MINS	\$55.00
FULL BODY MASSAGE - 60 MINS	\$85.00
FULL BODY MASSAGE - 75 MINS	\$115.00
ADD ON Add Hot Stone Therapy to any of the above massages	\$15.00
SANTORINI SIGNATURE TREATMENT - 75 MINS Unique to Spa na Colina, Santorini's Signature Treatment is designed with specific massage movements that mimic the waves of the ocean in slow, long flowing movement to create a deep sense of relaxation	\$125.00

and peace. A full body treatment with aromatherapy oils, hot stones and mini facial, this treatment is

the ultimate piece of heaven.



NAIL TREATMENTS

Treat your hands and feet to a hydrating and nourishing CSpa treatment or simply add a splash of holiday colour to your nails.

CSPA MANICURE - 60 MINS Relaxing rooibos hand soak to start, followed by shaping nails, tidy cuticles and massage with coconut and vanilla cream. Polish of choice to finish.	\$55.00
CSPA PEDICURE - 60 MINS A refreshing grapefruit foot soak is used to wake up tired feet. An invigorating scrub, mandarin, lime and sandalwood mask is applied, followed by a relaxing massage with rich aromatic cream. Removal of hard skin and nail and cuticles with polish of choice to finish.	\$65.00
MINI MANICURE OR FILE AND PAINT - 30 MINS Choose from an express hand treatment or nail file and polish.	\$35.00
MINI PEDICURE OR FILE AND PAINT - 30 MINS Choose from an express hand treatment or nail file and polish.	\$35.00



BODY TREATMENTS

Indulge in one of our relaxing body wraps, invigorating full body treatments or glowing salt exfoliation to rejuvinate and moisturise the skin.

RELAXING NEROLI & VANILLA BODY WRAP - 60 MINS A charming cocoon to help you to unwind and restore balance and comfort to the body. Invigorated Neroli and Vanilla leave you feeling calm and restored. This treatment begins with a full body exfoliation, body mask, a relaxing head and body massage and application of aftercare products.	\$85.00
THALGO – PACIFIC OCEAN RELAXING BODY JOURNEY - 90 MINS A ritual inspired by the rocking of the waves – escape the azure water of the pacific ocean, to immerse your body in deep relaxation with optimised hydration and remineralisation. Starting with and sand and coconut shell exfoliation, enriched with monoi oil, vanilla and Tahitian flowers, and ending with a full body massage, combining two ancestral Llomi-Llomi massage techniques – body and minds are completely relaxed.	\$145.00
THALGO – INDIAN OCEAN REBALANCING BODY JOURNEY - 90 MINS Dream of serenity on a journey to the Indian ocean, to rebalance the body and mind. Rich and spicy fragrances and textures intertwine with the wealth of the sea. Starting with a melting ginger exfoliation, and ending with a full body, ayurveda-inspired massage, with notes of essential oils as warming as the Indian ocean, the body is left nourished, and the mind is completely harmonised.	\$145.00
INVIGORATING PEPPERMINT & ROSEMARY DETOX WRAP - 60 MINS Renew the body and mind with a revitalising Peppermint and Rosemary body wrap, that cools and stimulates the skin leaving it feeling smooth, softened and the senses awakened. This treatment begins with a full body exfoliation, body mask, a relaxing head and body massage and application of aftercare products.	\$85.00
SALT GLOW EXFOLIATING BODY TREATMENT - 30 MINS This luxurious natural salt and coconut oil exfoliating body treatment is created to improve the skins texture and bring back the glow to your skin. A full body exfoliation with application of moisturiser to finish.	\$55.00
MEN'S BACK TREATMENT - 45 MINS	\$70.00

A wonderful back treatment to soothe and renew - including an invigorating back scrub, application of

detox mask and soothing moisturiser, finishing with a head and back massage



TERMS & CONDITIONS

Appointments are required for the Spa. Please make an advance appointment.

When cancelling or rescheduling appointments we require 24 hours notice. Cancellations made after the required time or failure to attend appointment will result in full payment.

All guests are required to complete a health questionnaire and consultation prior to treatment. This enables the therapist to ensure you achieve the optimum result from your chosen treatment.

Pregnant women and those undergoing medical treatment are asked to receive doctors approval before undergoing certain treatments.

Please inform your therapist of any allergies or medical conditions that may contraindicate your treatment.

Please arrive at reception 10 minutes before your appointment time. Please be aware that arrival after the start time may result in shortening of your treatment time.

Guests are advised not to consume alcohol prior to spa treatments.



