



Chundukwa Horse Trails - Riding Enquiry Form

Thank you so much for enquiring to ride with us at Chundukwa Horse Trails! We welcome riders of **all** levels, but we'd love to have some more information on your own riding history, so we can match you with the perfect horse.

Please Note!

- **It is essential** that you are dressed appropriately for the ride, please be sure to wear CLOSED SHOES and long trousers. Riding helmets will be provided!
- Please also bring a photocopy or print out of your travel insurance policy for our records – this is compulsory. **Thank you!**

Full Name :

Date of Birth :

Contact Number :

Email Address :

Height :

Weight (kindly note that the maximum weight for riding is 95kg) :

24hr Emergency Contact / relationship to you :

Travel Insurance Company

Please check your insurance includes horse riding, repatriation and medical evacuation.

Name :

Insurance Policy No.

Telephone No.

TELL US ABOUT YOUR RIDING EXPERIENCE

Which category best describes your riding experience?

Beginner: A beginner's experience is limited to walking and potentially a small amount of trot on a trail ride or one or two beginner lessons. Beginner riders have not yet learned the ability to correctly guide the horse with their aids or post/rise to the trot.

Novice: You have limited horse riding experience, having only been on easy gentle rides. You have some experience in trotting and cantering but not yet well balanced in the saddle or able to rise to trot for long periods of time.

Intermediate: You have had a number of lessons, been riding for a decent length of time and are balanced in the saddle. You are confident in controlling a sensible/quiet and responsive horse at all paces and in the outdoors. You can post/rise in the trot.

Intermediate Plus: You have been riding for many years and are well balanced in the saddle. You are confident in controlling a sensible but fit horse, e.g. a thoroughbred, at all paces and in the outdoors, including a gallop.

Advanced: You are riding fit, very well balanced in the saddle and confident outdoors at all paces and on almost any horse. You may have owned your own horse, competed or hunted seriously and been riding for many years.

Your Answer.....

MEDICAL INFORMATION WE SHOULD BE AWARE OF

Do you suffer from any medical conditions including musculoskeletal complaints (that affect your muscles or bones), diabetes, epilepsy, asthma, migraines, severe head injury, back problems, heart trouble and/or blood pressure problems? If "YES" please provide details below *

Do you suffer from any phobias or allergies? If "YES" please give details below (and medication carried, if any) *

Have you had any major surgeries in the last 2 years? If "YES" please give details below (and medication carried, if any) *

Thank you for taking the time to share this information with us!

Please email your copy to reservations@chundukwa.com