

# Massage menu

Embark on a sensory journey through the captivating aromatic blend of African essential oils, carefully cultivated for their distinctive qualities. Our massage treatments are designed to harmonize the body, mind, and spirit, allowing guests to immerse themselves in the serene beauty of Africa's natural surroundings. Here's an overview of the treatments available:

## Nyumbu Wake Up Call:

Created exclusively for Nyumbu, our signature wake-up call massage is ideal for those looking to energize the senses. This treatment improves flexibility and revives tired muscles, followed by a relaxing foot massage to round out the Nyumbu experience **60-minute fusion massage - \$120**

## Worry free

This tension-melting massage is ideal for those looking to de-stress. Drift away in bliss as deep tissue massage techniques loosen the muscles and promote blood flow. The scalp massage targets pressure points to effectively clear your mind. **60-minute treatment - \$100**

## Serengeti Dream

Perfect for jet lag, this massage is specifically created for tired and worn-out bodies. This calming massage relieves chronic muscle tension and knots, aids in muscle recovery, and promotes better sleep patterns. **60-minute treatment - \$110**

## Nature Heaven

The highlight of this treatment is the Hot Stone treatment that is both energizing and healing. A massage infused with enlivening Africa blended oils provides a deep connection with the natural elements and tranquility of the African landscape. **60-minute treatment - \$115**

## Bush cleanse

This luxurious, nutrient-rich cream not only effectively removes dead skin cells and exfoliates but also stimulates and revitalizes your skin, keeping it deeply moisturized. Follow it up with a soothing massage to alleviate fatigue and stress from tired muscles, leaving you feeling refreshed and revitalized. **90-minute treatment - \$150**





## **Safari pick-me-ups**

### **Back energy**

The therapist employs medium to strong pressure in this back massage to iron out aches and tension on the back. **30-minute treatment - \$45**

### **Foot loose**

Step out with happier feet after an energizing leg and foot massage. **30-minute treatment - \$45**

### **Head & Shoulders**

Banish fatigue with this deceptively simple combination of upper body massages focusing on the head and shoulders. **30-minute treatment - \$45**

### **Smother Hands**

The nails are cleaned and shaped according to your preference, while the hands are scrubbed and conditioned, followed by a pampering hand massage. **45-minute treatment - \$60**

### **Tulivu Foot Treat**

Sit back and relax as our skilled therapist carefully trims and cleans your nails. A brisk and refreshing foot massage follows before polishing or buffing your nails to a high shine.

**60-minute treatment - \$85**

**Indulge in these luxurious treatments and experience the serenity and rejuvenation that Nyumbu Luxury Collection offers.**

