

Facial Therapies



BESPOKE FACIAL (60mins) (\$160)

Skin assesment & full facial. Options include a choice of Anti-Oxidant; Hydrating; Aloe Ferox and Vitamin Skin Boost facials.

EXPRESS FACIAL (30mins) (\$100)

Includes a double cleanse, steam, exfoliation, masque and moisturiser. For those seeking a quick cleanse and rejuvenation.

Body Treatments



ILLUMINATING BODY GLOW (60mins) (\$160)

The African Elephant is known to “sandblast” its body with its trunk and roll about in the mud! Inspired by this daily routine, we have created a full body scrub with a luxuriant blend of Walnut and Marula shell powder - providing a gentle, chemical-free exfoliator - followed by the application of your choice of an African Potato, Rooibos & Lavender or Slimming Detox Mud wrap.

Relax and indulge in a scalp massage whilst the mud wrap does its magic. Reawaken body, mind and soul with an invigorating shower; washing away dead skin cells and toxins.

Luxurious, hydrating, and repairing; our Cocoa Butter, Shea and Canola Oil Body Butter is the perfect finish, promoting cell regeneration and blood circulation – leaving skin rejuvenated, soft and supple.



Massage Therapies



BACK, NECK & SHOULDER (30mins) (\$60)

Focused on where we carry most of our stress

‘HAKUNA MATATA’ (60mins) (\$120)

A stress busting combination! Back, neck and shoulders massage, followed by a scalp massage, finished off with a foot massage.

DEEP TISSUE MASSAGE (60mins) (\$120)

Firm pressure & trigger point therapy, releasing knots & muscle tension.

AROMATHERAPY MASSAGE (60mins) (\$120)

A profoundly relaxing lymphatic drainage massage with a bespoke blend of luxurious aromatherapy oils to suite your body’s unique needs.

INFRARED MASSAGE (60mins) (\$120)

A blissful combination of radiant heat energy and gentle massage to relax tight, painful muscles. Especially popular on winter days.

AFRICAN HEAD MASSAGE (30mins) (\$60)

Our take on the “Indian Head Massage.” Targeting the neck and shoulders; using a ‘chitenge’ (African cloth) to stretch the neck muscles.

INTONGA AMASATCHI (60mins) (\$120)

A deep tissue, tension relieving treatment. Performed with the hands and wooden sticks to stretch tight muscles and reduce the build-up of toxins.



Hand & Foot Treatments



REFLEXOLOGY (60mins) (\$120)

Soft-Touch Reflexology combining massage and pressure point work on the feet, aimed at guiding you into the alpha state of healing.

IZANDLA MANICURE (45mins) (\$60)

Hands are for nurturing, loving & healing. Take time to treat the hands that allow these precious gifts.

INYAWO PEDICURE (60mins) (\$80)

Pamper the feet that take you on your journey through life.

Waxing & Tinting



UPPER LIP	(\$10)	HALF ARM	(\$20)
CHIN	(\$10)	FULL ARM	(\$24)
BROWS	(\$10)	HALF LEG	(\$30)
UNDER ARM	(\$16)	FULL LEG	(\$40)
BIKINI	(\$20)	EYELASH TINT	(\$10)
BRAZILIAN	(\$30)	EYEBROW TINT	(\$10)



Our Products

Africology is the leading natural, eco-friendly and holistic Spa and Skincare Company in Africa, and its success spans across international borders reaching as far as the USA, Europe and Britain.

Therapeutic in its approach, Africology only uses all-natural ingredients that are bio-identical to the body's physiology; effectively enhancing the integrity of your skin whilst simultaneously preventing premature aging.

All Africology product formulations and spa treatments are inspired by the wisdom of Africa's traditional healers and each is a celebration of Africa's vibrant heritage, communities and plant life. Our products contain no artificial fragrances.

Only naturally pure plant essential oils are utilised as we strongly believe that the benefits of their complex and powerful elements provided by Mother Nature herself – cannot be replicated in a laboratory.

AFRICOLOGY[®]
Capturing The Intelligence of Nature

Extra Add-Ons

- | Bespoke 60min massage using marula oil (\$280)
- | Anti-malaria bush treatment to any body/massage (\$10)
- | Extend any massage to 90min (\$10)

For Bookings

- | To book your treatment please call Reception:

☎ +263 774 659 532

✉ lodge@victoriafallsriverlodge.com

- | Kindly give 24hrs notice should you require couples treatments.
- | Spa opening hours 08.30 – 16.00.
- | Please arrive at your treatment 5 - 10 minutes before your appointment.
- | After hours treatments available on request.

www.victoriafallsriverlodge.com




VICTORIA FALLS
RIVER LODGE

TOA SPA MENU