

## *In-house Spa Experiences*

### **BODY AND THERAPY MASSAGES**

#### **BACK, NECK & SHOULDER MASSAGE**

from R960 / 45 mins

This massage is designed to relieve tension in the head, neck, shoulders, and upper and lower back.

#### **HOT STONE BACK MASSAGE**

from R1020 / 45 mins

Uses hot volcanic stones to focus on the back, neck, and shoulders for a deeply relaxing experience.

#### **INDIAN HEAD MASSAGE**

from R960 / 45 mins

Combines massage movements and pressure-point therapy on the head, face, neck, and shoulders.

#### **FOOT MASSAGE**

from R960 / 45 mins

Relaxes and balances the body by stimulating pressure points under the feet.

Detoxifies, relaxes, and improves circulation.

#### **SWEDISH FULL-BODY MASSAGE**

from R1 140 / 60 mins | R1 440 / 90 mins

Eases tense muscles with medium pressure for relaxation.

#### **HOT STONE THERAPY MASSAGE**

from R1 200 / 60 mins | R1 500 / 90 mins

A soothing massage using hot volcanic stones for deep healing and relaxation.

#### **AROMATHERAPY FULL-BODY MASSAGE**

from R1 200 / 60 mins | R1 500 / 90 mins

Blends essential oils to balance the mind, body, and spirit.

#### **DEEP TISSUE FULL-BODY MASSAGE**

from R1 200 / 60 mins | R1 500 / 90 mins

Uses firm pressure to relieve muscle tension.

### **FACIAL TREATMENTS**

#### **HONEY BUSH EXPRESS FACIAL**

from R1 020 / 45 mins

Cleanses, exfoliates, and moisturizes the skin for a refreshed and supple appearance.

#### **DELUXE BESPOKE FACIAL**

from R1 500 / 75 mins

Tailored products are used to address your skin's needs, paired with a pampering head massage.

#### **ANTI-AGEING FACIAL**

from R1 260 / 60 mins

An organic phyto-acid and l-ascorbic treatment that firms, brightens, and rejuvenates skin, stimulates collagen, and reduces fine lines and wrinkles.

#### **DEEP CLEANSING FACIAL**

from R1 200 / 60 mins

Exfoliates deeply to balance and purify congested skin, while healing and repairing oily skin.

CANCELLATION POLICY: Appointments cancelled less than 24 hours in advance will be charged 50%. For non-arrivals, the full treatment charge will apply.

Late arrivals will have reduced treatment time but still be charged at full price

OPERATING HOURS: Monday - Saturday: 8am - 6pm | Sunday: 8am - 4pm | After hours will incur a surcharge.

## HEAD, FOOT & NAIL TREATMENTS

### LUXURY MANICURE

from R840 / 75 mins

Includes a cut, file, buff, cuticle work, and varnish, along with a luxury hand scrub and a pampering hand massage. 25-minute

### LUXURY PEDICURE

from R840 / 75 mins

Features a cut, file, buff, cuticle work, and varnish, paired with a luxury foot scrub and a pampering foot massage. 25-minute

## BODY SCRUBS & WRAPS

### DESERT GLOW BODY TREATMENT

from R1 200 / 50 mins

A full-body exfoliation and clay mask to cleanse, detoxify, and firm your body from head to toe.

### LA CLÉ DE LA PAIX

from R2 280 / 110 mins

Begins with the Desert Glow body treatment, followed by a full-body massage using a personalized blend of aromatic oils to complete your journey.

## SPA PACKAGES

### HEAD IN THE CLOUDS

from R1 620 / 90 mins

- Foot cleansing ritual with a sugar buff and botanical oils
- 30-minute rebalancing foot massage
- 30-minute Indian head massage
- 30-minute aromatic back, neck, and shoulder massage

### BEAUTY BLISS

from R1 560 / 90 mins

- 30-minute express facial
- 30-minute express manicure
- 30-minute express pedicure

### SPA TASTER

from R1 260 / 60 mins

Includes a back, neck, and shoulder massage to relieve tension, followed by an express facial to nourish and revitalize your skin.

### FIRST IMPRESSION

from R2 520 / 150 mins

Express manicure or pedicure A head-to-toe treat for a full spa pamper day:

- 60-minute facial
- Swedish full-body massage
- Express manicure or pedicure