

## **OVERNIGHT HIKING TRAILS IN THE UZUNGWA NATIONAL PARK**

Special camping can be arranged within the Udzungwa Mountains National Park itself. You have the option of the overnight Sanje hike, the longer two night Mwanihana hike, or the serious 4 night Lumemo Trail. You will trek into the rainforest where you will spend the night below the canopy, in a campsite high up in the mountains. We arrange everything for you, including all necessary equipment, all meals, porters, cook and so on, and all you have to do is enjoy the wildlife and nature and the magic of the forest night.

### **Sanje Waterfall Trail – 2 Days / 1 Night**

(\$120 per person + \$40 per group, excluding transfer & all park fees)

9km, 2 days, height gain 450m

To get a true feel of the forest, spend a night under the canopy. Instead of taking half a day to complete the Sanje trail, head up and make camp in the forest overnight with the help of our skilled Hondo Hondo campsite team. Spend the afternoon in the forest and then a magical evening under the forest canopy, eating by firelight and sleeping under canvas to the sounds of the forest. Awake early to breakfast looking out over the Kilombero Valley from the top of the waterfall, and then spend the morning wandering down through the forest, spotting wildlife and splashing in waterfall pools on the way down. Hondo Hondo can provide everything you need for this trip – all you bring is yourselves, and a camera!

### **Mwanihana Peak- 3 Days / 2 Nights**

(\$240 per person + \$80 per group, excluding transfer & all park fees)

38km, 3 days, height gain 1850m

For the keen hiker, Mwanihana peak at 2150m is one of the highest peaks in the Eastern Arc. The 38km hike takes 3 days, 2 nights at a leisurely pace. For those who want to make the most of the hike, we recommend that you take your time as the trail passes through Miombo woodland, lowland forest, sub-montane forest, highland plateau and pristine montane forest. Just before the bare rock and grass of the summit, eerie glades of bamboo rustle in the wind. This is, in terms of habitat and associated wildlife, a very diverse journey. Much of the trek is alongside sparkling mountain streams with butterflies dancing through the dappled forest light. This is also the most successful route for spotting the elusive Sanje Mangebey. Although rarely encountered, there are also elephant and buffalo up on the plateau so your trek will be accompanied by an armed ranger.

### **Lumemo Trail - 5 Days / 4 Nights**

(\$480 per person + \$160 per group, excluding transfer & all park fees)

65km, 5 days

The longest and most arduous trail in Udzungwa is the Lumemo trail. You are transferred to the start of the trail, beyond Ifakara on the Lumemo river, and hike up into the hills for 4 nights, returning along the same trail as Mwanihana not far from Hondo Hondo, where you'll be picked up and brought back to Hondo Hondo for a nice shower and a few much needed cold beers! This trail leads deep into the heart of the Udzungwas, ascending ridges, and descending into two deep valleys - areas where few people have ever been and the wildlife there has had virtually no contact with humans. You need to be a competent hiker in good physical condition to attempt this trail.