

Sun hat/baseball cap
Shorts and T-Shirts
Long Sleeved Shirts
Light Weight Jacket
Jeans/trousers
Warm jumper/fleece
Flip-flops, trainers or walking boots
Waterproof Mac/Poncho

MISCELLANEOUS

Malaria Pills
Sun Screen
Mosquito Repellent
Small Torch
Camera
Sun Glasses
Binoculars

PROVIDED

Soap, shampoo, body wash, hand sanitizer and towels
First Aid
Torches in tents
Power to charge cameras and cell phones

PLEASE NOTE

Laundry will be done at camp and is sun dried

You will not be able to use hair dryers

Internal flights have a weight restriction of maximum 15kgs inclusive of hand luggage

Check with your doctor for advise on which vaccinations you may require and which malarial prophylactics to

use (Malerone is recommended)