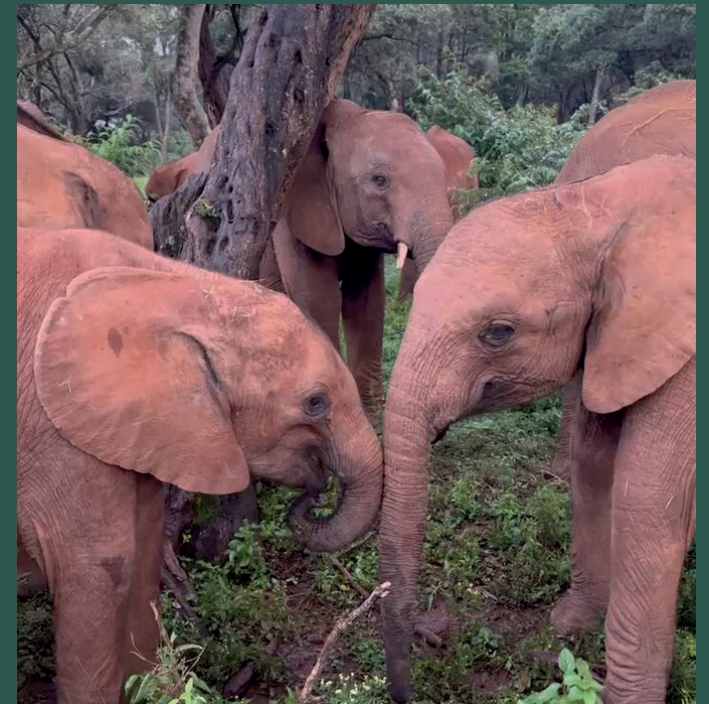


# HEMINGWAYS

EDEN RESIDENCE



ACTIVITIES  
BROCHURE





# Discover Nairobi: A City of Contrast and Culture

Nairobi offers a compelling blend of urban sophistication and raw natural beauty.

As the gateway to East Africa, this dynamic city is more than just a stopover, it's a destination in its own right. From its leafy suburbs and vibrant cultural institutions to nearby wilderness teeming with wildlife, Nairobi invites guests to explore at their own pace and uncover its many layers.





## TOP TOURIST ATTRACTIONS

### KAREN

DAVID SHELDRIK WILDLIFE TRUST

The Sheldrick Wildlife Trust is a renowned sanctuary for orphaned elephants, where guests can learn about the rehabilitation process and see the exceptional care these animals receive. The public feeding and mud bath session takes place daily at 11:00 am, a memorable opportunity to see the elephants up close.

#### GIRAFFE CENTRE

Feed endangered Rothschild giraffes by hand and learn about this remarkable species at this peaceful sanctuary.

#### KAREN BLIXEN MUSEUM

Once home to the author of *Out of Africa*, this charming colonial house offers insights into Kenya's history and Blixen's extraordinary life.

#### FLOWER FARM VISIT Karen Roses

Located on Ngong View Road, Karen Roses is a family-run flower farm producing world-class roses. Enjoy a guided walk through the greenhouses and learn about sustainable floriculture. Tours are available by appointment and can be arranged through our concierge team.

#### NAIROBI NATIONAL PARK

Spot lions, rhinos and giraffes against a city skyline in this rare capital city wildlife park, just a short drive from Hemingways.

DAVID SHELDRIK WILDLIFE TRUST



CRAFT YOUR OWN KENYAN GIN  
Westlands

A sophisticated and interactive experience for spirit enthusiasts. Guests are guided through a gin tasting featuring locally distilled botanicals before blending their own signature Kenyan gin to take home.

KARURA FOREST  
Gigiri/Muthaiga

A shaded green space perfect for walks, picnics, or cycling. Enjoy waterfalls, wildlife, and forest serenity just minutes from the city.

LIMURU TEA TOUR  
Limuru Highlands

Spend a peaceful morning exploring tea fields. Learn about the growing process and enjoy a tea tasting with views of the rolling highlands.

NAIROBI RAILWAY  
MUSEUM  
CBD

Delve into Kenya's railway history with restored colonial-era locomotives, interactive exhibits, and fascinating stories.

NATIONAL MUSEUM  
OF KENYA  
Museum Hill

Explore exhibits on Kenyan history, art, palaeontology, and wildlife in this elegant and thoughtfully curated space.



CRAFT YOUR OWN KENYAN GIN





## ARTS & CULTURE

MANDAZI

### COOKING CLASS Hemingways Nairobi

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Join our expert chefs for an interactive cooking class, where you'll discover how to prepare exquisite dishes inspired by Kenyan flavours. Perfect for food lovers, couples, or families, these classes combine learning with enjoyment, and conclude with the chance to savour the dishes you have created.

### CIRCLE ART GALLERY Lavington

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One of East Africa's most respected contemporary art spaces, Circle Art Gallery, presents powerful exhibitions from both emerging and established African artists.

### NAIROBI GRAFFITI TOUR CBD

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Explore Nairobi's street art scene on a guided tour led by the artists behind the city's iconic matatu murals. Learn how graffiti is empowering youth and reclaiming public space.

### SKETCH NAIROBI CBD

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Join a walking sketch tour of the CBD guided by local artists. Guests stop to draw moments of architecture and daily life, no prior experience needed.

### THE GODOWN ARTS CENTRE Industrial Area

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A long-standing hub for creativity, performance, and visual arts. The GoDown supports local artists through residencies, exhibitions and cultural programming.



# SHOPPING

THE ARTISANAL GALLERY  
AT HEMINGWAYS EDEN

## KAREN

### THE ARTISANAL GALLERY AT HEMINGWAYS EDEN

A boutique-style gallery with a curated selection of East African fashion, home décor and lifestyle products.

#### THE HUB KAREN

An open-air lifestyle centre offering boutique shopping, restaurants, wellness and family-friendly weekend markets.

#### HOUSE OF TREASURES

A beautifully curated concept store in a charming bungalow. Offers antiques, furniture, jewellery and textiles sourced from across Africa and beyond.

#### THE OPPORTUNITY FACTORY

A social enterprise boutique selling ethically made fashion and homeware by women and youth from under-resourced communities. Guests can also print their own tote bag for a personalised, hands-on experience.

#### ORGANIC FARMERS MARKET

Held every Saturday, this open-air market offers organic produce, cheeses, baked goods, free-range eggs, and artisanal products in a leafy, social setting.

#### KAZURI BEADS

A renowned workshop and social enterprise where women artisans craft hand painted ceramic beads and pottery. Guests can tour the factory to watch the bead making process and shop a wide range of vibrant, fair trade jewellery. A meaningful stop for those interested in ethical fashion and local craftsmanship.

#### UTAMADUNI CRAFT CENTRE

A charming house turned market space, featuring African crafts, jewellery, homeware and textiles from various local artisans.



KITENGELA HOT GLASS  
Rimpa, near Nairobi National Park

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A rustic, artistic studio where recycled glass is transformed into vibrant hand-blown works. Guests can observe artisans and shop unique glassware and décor.

VILLAGE MARKET  
Gigiri

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A lively retail and lifestyle destination offering a mix of local fashion, crafts, wellness outlets, and global brands.





## RESTAURANTS & DINING

HARU RESTAURANT

MID-RANGE \$\$



**MATTEO'S RESTAURANT**  
Karen

Wood-fired pizzas and traditional Italian fare in a tranquil garden setting.

**BANG BANG THAI KITCHEN**  
Village Market, Gigiri

A colourful spot serving fragrant curries and wok-fried Thai classics.

**HARU RESTAURANT**  
Karen

An intimate Japanese-Korean restaurant known for its sushi, sashimi, and hot plates.

**BAMBA**  
Lavington

A laid-back gem with hearty brunches, smoothies, and a well-rounded menu of global flavours.

**MĂM MĂM VIETNAMESE KITCHEN**  
Westlands

A lively eatery bringing bold Vietnamese flavours to Nairobi's food scene.





THE DECK AT HEMINGWAYS EDEN

THE DECK AT HEMINGWAYS EDEN  
Karen

Fine dining with an intimate, open-air setting and beautifully curated menus.

CULTIVA  
Karen

Latin American-inspired farm-to-table cuisine in a beautiful open-air setting.

HEMINGWAYS BRASSERIE  
Karen

Timeless European classics with refined service in the heart of the Hemingways hotel.

HERO RESTAURANT  
Village Market, Gigiri

A comic book-themed rooftop with bold Japanese-inspired plates and cocktails.

INTI – A NIKKEI EXPERIENCE  
One Africa Place, Westlands

Sleek rooftop dining with Peruvian-Japanese fusion with incredible city views.

OLOLO SAFARI LODGE & FARM  
Nairobi National Park

Organic, farm-to-table dining on the edge of the park with sweeping bush views.

TALISMAN  
Karen

A well-loved restaurant offering international dishes, served in beautiful garden surroundings and known for its attentive and friendly service.

CAVE À MANGER  
Karen

A stylish wine bar offering natural wines and seasonal small plates in an intimate setting.



# SAMPLE ITINERARIES



NAIROBI NATIONAL PARK

## DAY 1

## NATURE, CONSERVATION & FOREST DINING

### EARLY MORNING

Start the day early with a game drive at Nairobi National Park (Karen), one of the few capital cities in the world with a wildlife park on its doorstep.

### LATE MORNING

Visit the David Sheldrick Wildlife Trust (Karen) at 11:00 am for the elephant orphanage's public feeding session.

### LUNCH

Head to Ololo Safari Lodge & Farm (Nairobi National Park) for a slow, organic lunch overlooking the plains.

### AFTERNOON

Visit the Giraffe Centre (Karen) for an up-close encounter with endangered Rothschild giraffes, followed by a stop at the historic Karen Blixen Museum (Karen).

### DINNER

End the day with an elegant meal at The Deck at Hemingways Eden (Karen).

## DAY 2

## CULTURE, ART & URBAN NAIROBI

### MORNING

Visit the National Museum of Kenya (Museum Hill) followed by the nearby Nairobi Railway Museum (CBD).

### MIDDAY

Join a Graffiti Tour (CBD) led by local street artists, exploring murals and Nairobi's urban creative culture.

### LUNCH

Head to Bang Bang Thai Kitchen (Village Market, Gigiri) for a bold, flavourful break.

### AFTERNOON

Walk through Village Market (Gigiri), stop by Circle Art Gallery (Lavington), and if time allows, enjoy a relaxed visit to The Artisanal Gallery at Hemingways Eden (Karen).

### DINNER

Book a table at Cultiva (Karen) for a farm-to-table experience in a tranquil, open-air garden setting with Latin American flair.



## DAY 3

## TEA, FLOWERS & BOUTIQUE FINDS

### MORNING

Begin your day with a peaceful Limuru Tea Tour in the tranquil highlands, surrounded by rolling green fields and sweeping views.

### BRUNCH

Enjoy brunch at Talisman (Karen), surrounded by gardens and art.

### EARLY AFTERNOON

Tour Karen Roses Flower Farm (Karen) and stop at the Organic Farmers Market (Marula Lane, Karen – Saturdays only) for artisanal produce.

### SHOPPING CIRCUIT

Explore The Hub Karen (Karen), House of Treasures (Karen), and The Opportunity Factory (Karen), where you can also print your own tote bag.

### DINNER

Dine at Cave à Manger (Karen) to end your day with wine and seasonal dishes in an elegant setting.

## DAY 4

## HANDS-ON EXPERIENCES & FLAVOURS OF KENYA

### MORNING

Join a Kenyan Cooking & Market Tour and enjoy a hands-on culinary experience preparing a traditional three-course meal.

### AFTERNOON

Visit The Opportunity Factory (Karen) to see local craftsmanship in action.

### OPTIONAL

Add a Sketch Nairobi tour (CBD) – a relaxed walking sketch session guided by local artists.

### DINNER

Dine at INTI – a Nikkei Experience (Westlands), where Peruvian-Japanese fusion meets sweeping rooftop views.



## HOW TO BOOK

Please speak to our Concierge Team to book or learn more about the activities available during your stay. They will be happy to recommend options, confirm availability, and make all necessary arrangements to ensure your experience is seamless.



View the activity  
price list







# LOCATION & CONTACT

## Hemingways Eden Residence

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