	DAY 1	DAY 2	DAY 3	DAY 4	DAY 5	DAY 6	DAY 7	DAY 8	DAY 9	DAY 10		
EARLY		Fruit Salad										
MORNING	Cheese Platter – cheddar & cream cheese											
(boating	Eggs – boiled or scotch											
setup in		Rusks										
camp; game	Fruit & Plain Yoghurt											
drive in the												
bush)					Bircher oa	ts in pots						
GAME	(Must be made	Granola bars	Oaty energy	Cashew nut	Coconut	Granola bars	Oaty energy	Cashew nut	Coconut			
DRIVE AM	before safari	& fruit	bars & fruit	biscuits &	date cookies	& fruit	bars & fruit	biscuits &	date cookies			
	starts)			fruit	& fruit			fruit	& fruit			

BRUNCH	Fruit platter										
(everyday)	Cheese board – cheddar & a choice of either camembert or blue, cheese biscuits (seed crackers/water biscuits), pickles (stuffed pepperdews/onions/gherkins)										
	Deconstructed salad – lettuce, toasted seeds, red onion rings, cucumber, cherry tomatoes, olives, marinated artichokes, feta cheese,										
	Fruit juice & cold water with slices of lemon/ginger/apple										
	Condiments – mustard, salt, black pepper, chilli sauce, olive oil & balsamic vinegar, homemade salad dressing										
Bread:	Pumpkin seed & oats	Whole- wheat nut	PICNIC Flatbread with zaatar	Zucchini loaf	Oregano damper	Rye treacle	Sunflower &	Cheese &	Soft focaccia	BREAKFAST Fresh bread	
	& Oats	Wileat flut	With Zaatai		damper	quick breau	Oat	Official loai	Dulis	Fresii bieau	
Meat:	Chorizio & onion	Chicken lettuce cups	Smoked chicken	Lamb kofta	Crispy duck pancakes	Dill &Chive fish patties	Ham & egg tart	BBQ chicken wings	Hamburgers	Bacon	
										Eggs	
Vegetarian:	Sweet Potato	Broccoli	Tomato	Guacamole	Mushroom	Spicy sweet	Pea &	Butternut	Spinach &		
	purses	pesto frittata	relish	Tzatiki	skewers	potato crisps	quinoa	pansotti (FB)	feta braai	Grilled	
				Fine tomato			fritters		pie	tomato	
Salad 1:	Fennel (tomato) &	Chickpea & halloumi	Cucumber radish &	Chickpea & pepper	Melon, mozzarella &	Asparagus & pea salad	Butternut, pine nut &	Coconut cabbage	Beetroot carrot slaw	Mushrooms	
	celery		snap pea		basil		rocket	slaw		Baked beans	
Salad 2:	Beetroot, zucchini & pomegranate	Salsa salad	Cauliflower tabbouleh	Green bean & baby corn	Apple, pecan, celery	Cucumber, blue cheese & bacon	Charred broccoli w/ haloumi	Caprese salad	Marinated zucchini salad	Sautéed potato	

	DAY 1	DAY 2	DAY 3	DAY 4	DAY 5	DAY 6	DAY 7	DAY 8	DAY 9	DAY 10	
TEA	TEA Homemade biscuits, mixed nuts, fresh fruit on the tea station										
GAME		Dry fruit – mango/banana/marula									
DRIVE PM/	Nuts – roasted										
WALKING	Biltong/Dry wors										

DINNER Condiments – mustard, olive oil, sweet chilli sauce, balsamic,

Main:	Fillet steak with lime & black pepper dipper	Salmon/Bream with fennel (celery) & gooseberries	Chicken curry with sambals	BRAAI Boerewors on a stick & Chicken flatties	Pork fillet with peas & caramelised onion	Beef fillet with roasted cherry tomatoes	Lamb biryani	BRAAI Sticky ribs & Steak with chilli chimichurri	Chicken in yogurt and lemon
Vegetarian:	Asparagus quinoa (barley) risotto	Coconut vegetable curry	Courgette pasta with tomato, olive and caper sauce	Samp & gem squash risotto	Ricotta & spinach ravioli	Falafel with peanut dipping sauce	Carrot & zucchini croquettes	Moroccan chickpea with creamy spinach	Vegetable paella
Starch:	Mashed root vegetables	Sesame ginger wild rice	Cauli-rice	BBQ corn with trio of butter	Cheesey jacket potatoes	Hassleback potatoes	Rice in biryani	Potato & caramalised onion bake	Noodles
Vegetable:	Steamed mixed veg with roasted garlic	Roasted Broccoli, snow peas & peas	Wilted spinach, mushrooms, pak choy (cabbage)	Roasted sage mushrooms	Vegetable stir-fry	Steamed vegetables with roasted garlic	Creamed cabbage Aubergine schnitzel	Honey & lemon roasted carrots, peas & beetroot	Grilled vegetables – corn, snow peas, red pepper
Dessert:	Gooey dark chocolate pudding	All-spice apple bake with cardamom cream	Cheesecake cups	Banana's on the fire with caramalised nuts	Milk balls with cinnamon dust	Pear & granadilla fruit crumble	Nutella pancakes	Rooibos infused malva pudding	Grilled pear with vanilla marscopone