



the spa

FANCOURT

THE SPA

The word “spa” may be derived from the Walloon word “espa” meaning fountain. This, in turn, came from the name of the town Spa, where in the 14th century a curative thermal spring was discovered.

Our signature treatments are based on the journey towards immersing yourself in a pampering experience of harmony and tranquillity. Enveloped in an atmosphere that echoes the peaceful balance of the four elements – air, water, fire, and earth – our facilities and treatments are carefully designed to provide a sense of grounded relaxation.

Let the gentle flow of water, the gentle embrace of air, the warmth of fire, and the grounding presence of earth guide you towards complete rejuvenation. At The Spa, our dedication to personalised care ensures that every guest finds solace, relaxation and a moment to unwind.

In addition to our signature spa treatments, we have designed some treatments that can be enjoyed by guests between the ages of 8 and 15 years.

Couples or friends wishing to enjoy the spa journey together can enquire about our private rooms, which accommodate more than one guest at a time.

At The Spa, all things revolve around you and your need to unwind. Allow us to be a part of this journey.

COMPLIMENTARY FACILITIES

SPA REFRESHMENT STATION

HYDROTHERAPY AREA

ROMAN BATH

JACUZZI

TEPIDARIUM

STEAM ROOM

SAUNA

COLD PLUNGE POOL

RELAXATION ROOM

No children under the age of 18 are permitted in our complimentary facility areas

MASSAGE & BODY

Signature Serenity Stones Massage | 75 minutes

2250

Immerse yourself in the healing essence of our Serenity Stones Massage, thoughtfully crafted around the therapeutic properties of basalt rock and nourishing elements of soy. This indulgent full-body massage incorporates the use of a signature soy candle, releasing a harmonious fragrance that envelops your senses. As the warm oil infused with soothing soy is poured over your body, it sets the stage for the tranquil and comforting movements of the heated basalt stones. Each stone movement, equivalent to ten hand movements, is designed to deeply soothe and rejuvenate, melting away tension and stiffness in muscles and joints. For a heightened sense of relaxation and to assist in blood pressure regulation, we recommend concluding your treatment with 15 minutes in our gently heated Roman Tepidarium. Allow the experience to linger, embracing the harmony and balance that this luxurious journey imparts.

Bellabaci Tailored Aromatherapy Massage | 75 minutes

2400

Indulge in a personalised wellness journey with our Tailored Aromatherapy Massage, designed to restore balance to your body, mind, and spirit. This therapeutic experience begins with a consultation to understand your specific needs – whether you're seeking relaxation, detoxification, immune support, or emotional upliftment. As your therapist performs gentle, flowing massage techniques, the chosen Bellabaci concentrate works in harmony with your body, enhancing circulation, easing muscular tension, and promoting deep relaxation. The result is a truly bespoke experience that supports your holistic well-being – leaving you feeling rejuvenated, grounded, and reconnected. Take your concentrate home to continue your journey.

Deep Tissue Massage | 30 or 60 minutes

1500 | 2000

A therapeutic body treatment meticulously crafted to restore a harmonious flow of energy throughout your body. Whether you opt for a 30-minute back session or a 60-minute full-body indulgence, this massage promises to revitalise your body and leave you with a renewed sense of well-being and tranquillity.

Warm Oil Massage | 60 or 90 minutes

1800 | 2300

Feel the energies within your body harmonise and flow freely as this treatment helps to alleviate discomfort and revitalise your overall well-being.

Back, Neck, Shoulder & Scalp Massage | 30 or 45 minutes

950 | 1250

Indulge in a targeted massage experience tailored to release tension and promote relaxation within the back, neck, shoulders, and scalp. This treatment aims to alleviate muscle tension, reduce stress levels, and restore the harmonious energy flow throughout the body.

Energising Scalp, Face & Neck Rejuvenation | 60 minutes

1800

Experience a transformative treatment focused on releasing accumulated tensions and stresses within the scalp, face, and neck muscles and tissues. This treatment combines expertly applied, firm yet gentle movements to enhance blood circulation, nourishing both the scalp and face. Additionally, it revitalises your energy levels and promotes collagen production.

Mommy-to-be Massage | 60 minutes **2000**

A soothing massage designed to support and comfort the changing body during pregnancy. Gentle techniques ease tension and promote relaxation, focusing on the back, legs, shoulders, neck and arms.

Revitalising Leg & Foot Pressure Point Therapy | 45 minutes **1200**

A rejuvenating leg and foot treatment featuring a luxurious scrub and revitalising massage. Specialised pressure point techniques target tired muscles, relieve tension and promote relaxation.

Foot or Hand Massage | 30 minutes **850**

Soothing massage designed to rejuvenate tired feet or hands. Perfect for relieving stress and restoring balance to the body.

MASSAGE ADD-ON

Hot Stones or Bellabaci Cups **250**

Additional 15 Minutes Massage **300**

Soy Candle **300**

Treatments can be adapted to suit mothers-to-be. Please enquire upon booking. All treatments can be booked in our couples suite for a side-by-side experience. Pre-booking is essential.

FACIALS

QMS Deep Pore Cleanse Treatment | 45 minutes **1300**

Deeply cleanses and purifies, targeting impurities and excess oil for a clearer complexion. Fruit acids and enzymes refine the skin's texture, promoting a smoother, more radiant appearance. Suitable for blemish-prone and younger skin.

QMS Activator Treatment | 60 minutes **1700**

An advanced treatment that enhances the delivery of active ingredients, revitalising the skin for a fresh, glowing complexion. Ideal for tired or jet-lagged skin, it restores vitality and leaves you feeling refreshed.

QMS Collagen Reactivation Treatment | 90 minutes **2250**

A collagen-infused treatment that boosts moisture levels, improves skin firmness and enhances volume. It helps reduce the appearance of fine lines, leaving your skin smoother, rejuvenated and radiant.

Thalgo Source Marine Hydration Ritual | 60 minutes **1400**

A deeply hydrating facial that replenishes moisture levels in dehydrated skin. This rejuvenating ritual restores a velvety-smooth feel, enhancing your skin's natural radiance and luminosity.

Thalgo Radiant Glow Facial | 30 minutes **1000**

A rejuvenating facial that restores radiance and luminosity to dull, tired complexions. The Ultimate Hydra Marine Ritual leaves your skin looking fresh, hydrated and glowing.

Esse Live Probiotic Facial | 75 minutes

1550

Experience skin as it should be with our flagship probiotic treatment, harnessing live microbes to restore your skin's natural ecosystem while enhancing barrier function, reducing inflammation and targeting signs of ageing. Bespoke massage protocols complete this rejuvenating experience.

Esse Facial Experience | 60 minutes

1350

A bespoke facial that harnesses the power of advanced pre- and probiotics to improve the microbial balance on the skin. The treatment is tailored to your specific skin concerns, with carefully crafted add-ons available for further customisation. Experience benefits that include stress relief, boosted collagen production, reduced inflammation and strengthened skin barrier function.

FACIAL ADD-ON

QMS Stemcell Mask | 30 minutes

600

A mask made from medically graded collagen fibres and peptides, designed to provide an intensive moisturising effect, improve skin smoothness and elasticity, and assist with skin renewal and the preservation of the skin's protective barrier.

LED Mask | 30 minutes

600

Stimulates collagen and elastin production, promotes skin cell rejuvenation and improves overall skin texture.

HAND & FOOT CARE

Enjoy shared hand or foot treatments in our serene Manicure & Pedicure Lounge.

Express Manicure or Pedicure | 30 minutes

400

A simple rehydration of hands or feet and cuticles. Beautifully shaped and polished.

Express Manicure or Pedicure with Gel | 60 minutes

500

A nourishing treatment for hands. Hands are cleansed and exfoliated followed by intense cuticle care. Nails are filed and buffed to perfection, finished off with a polish of your choice.

Signature Manicure or Pedicure | 60 minutes

600

A nourishing treatment for hands or feet. The treatment begins with soaking and exfoliation, followed by intensive cuticle care. Nails are filed and buffed to perfection, followed by a soothing massage to finish off. Includes a polish of your choice.

Signature Manicure or Pedicure with Gel | 75 minutes

750

A nourishing treatment for hands or feet. Starting off with intense cuticle care, filing and buffing of the nails followed by a gel application. Finishing off with hard skin removal, exfoliation and a soothing massage to leave you feeling relaxed.

Medi-Heel Pedicure | 75 minutes

800

A deluxe pedicure beginning with a revitalising foot peel, soothing soak and scrub. The treatment includes cuticle care and nail polish application, ending with a calming foot and lower-leg massage.

HAND & FOOT ADD-ON

Nail Art (per nail) 15 minutes	20
French Application 15 minutes	60
Paraffin Wax Dip 30 minutes	250
Soak Off when applying Gel 15 minutes	70
Gel Removal and Buff 15 minutes	200
Gel application 15 minutes	120

WAXING

Lip, Chin or Brow Wax	180
Underarm Wax	300
Bikini Wax	300
Brazilian Wax	420
Hollywood Wax	500
Half Leg Wax	420
Full Leg Wax	480
Back Wax	500

TINTING

Lash Tint	200
Brow Tint	200
Lash & Brow Tint	320
Brow Lamination	550

YOUTH 8-15 YEARS

Holiday Hands Manicure 30 minutes	350
Healthy Feet Pedicure 30 minutes	400
Hydrating Youth Facial 30 minutes	650
Back, Neck and Shoulder Massage 30 minutes	600

SPA RITUALS

Golfers' Paradise Massage | 60 minutes

1800

Tailored for golf lovers, this restorative treatment revives key post-round spots. Start with a therapeutic back massage to melt tension, boost flexibility, and soothe shoulders and lower back. Follow with a revitalising foot and leg massage to ease weary feet, enhance circulation, and regain balance - leaving you refreshed, energised, and tee-ready.

The Celebration | 90 minutes

(per couple) 6000

This package is the perfect way to celebrate any special occasion. Starting with a **Warm Oil Massage** followed by a **Thalgo Radiant Glow Facial** in one of our partner rooms. End your experience with **lunch at Monet's**.

Harmonizing Duo Massage Experience | 120 minutes

3000

Treat yourself to the ultimate relaxation - a luxurious 2-hour package that seamlessly combines the best of both worlds - the **Fancourt Warm Oil Massage** and the **Energising Scalp, Face & Neck Rejuvenation**. This extraordinary duo massage experience is designed to rejuvenate your mind, body, and soul, leaving you in a state of complete tranquillity and bliss. Unwind and let our expert therapists bring you to a state of serene harmony, where every muscle is soothed, and your complexion glows with vitality.

Fancourt Vitality Journey | 120 minutes

3400

This ultimate trio of treatments starts with a soothing **Back, Neck, Shoulder & Scalp Massage**, followed by our **Express Esse Facial** and finally the **Revitalising Leg & Foot Pressure Point Therapy** to restore vitality and leave you feeling deeply relaxed and rejuvenated.

Top-to-Toe Collagen Renewal | 120 minutes

3000

A luxurious head-to-toe treatment designed to deeply hydrate, nourish and firm the skin. The experience begins with a full-body exfoliation and collagen-firming body wrap, followed by a rejuvenating collagen facial with active exfoliation, targeted skincare and a lifting and contouring massage. While the facial mask works, enjoy a relaxing full-body massage before finishing with collagen-firming body lotion and personalised skincare. Skin is left visibly smoother, firmer, hydrated and refreshed, while the body feels soft, relaxed and rejuvenated.

COMPLIMENTARY FACILITIES ETIQUETTE

No diving.

No children under the age of 18 are permitted in our complimentary facility areas.

Plattner Golf (PTY) LTD is not responsible for the loss of or damage to your possessions.

Use of the facilities is at your own risk.

Remember to shower before making use of our complimentary facilities.

Please use a towel to sit on when using our complimentary facilities.

SPA ETIQUETTE

Operating Hours

The facilities are open from 06:00–21:00 daily.

Age Restriction

Our complimentary spa facilities are exclusively available to guests aged 18 and above.

Dress Code

Please adhere to our no-nudity policy. Bathing costumes are mandatory for all facilities. We provide locker facilities, disposable underwear, gowns, and towels.

Reservations

Secure your preferred treatment time by booking in advance. Please let us know of any special requests when booking.

Arrival

Please arrive 30 minutes prior to enjoy our complimentary facilities like the Steam Room, Tepidarium, Cold Plunge Pool, and Roman Bath. All appointments begin with a brief consultation with your therapist and conclude at the scheduled time.

Cancellation Policy

Notify us 24 hours prior to your appointment to avoid a 100% cancellation charge.

Mobile Phones

Keep mobile phones on silent to maintain a peaceful environment.

Health Concerns

Certain treatments may not be suitable for specific medical conditions or during pregnancy. Please use caution when using any of our complimentary facilities if you suffer from any health concerns. Please discuss any concerns at the time of booking and fill out a medical questionnaire upon arrival.

Disclaimer

Guests are responsible for their belongings. Plattner Golf (PTY) LTD is not liable for loss or damage. Prices and operational times may change. Kindly share spa areas respectfully for a tranquil environment.

Gift Vouchers

Gift vouchers are available from The Spa. The voucher must be presented at the appointment. Each voucher is valid for three years from the date of purchase and cannot be redeemed for cash.

Note

Treatment durations are approximate and may vary slightly.

Emergencies / Lost & Found

In the event of an emergency or if you need to contact lost and found, please contact our Hotel Duty Manager on +27 (0) 64 750 6190

For enquiries, please contact The Spa at +27 (0)44 804 0013 or email: spa@fancourt.co.za

