



the spa
FANCOURT

THE SPA

The word “spa” may be derived from the Walloon word “espa” meaning fountain. This, in turn, came from the name of the town Spa, where in the 14th century a curative, thermal spring was discovered.

Our signature treatments are based on the journey towards immersing yourself in a pampering experience of harmony and tranquility. Enveloped in an atmosphere that echoes the peaceful balance of the four elements – air, water, fire, and earth – our facilities and treatments are carefully designed to provide a sense of grounded relaxation.

Let the gentle flow of water, the gentle embrace of air, the warmth of fire, and the grounding presence of earth guide you towards complete rejuvenation. At The Spa, our dedication to personalized care ensures that every guest finds solace, relaxation and just that moment for yourself to unwind.

In addition to our signature spa treatments, we have designed some treatments that can be enjoyed by guests between the ages of 8 and 15 years.

Couples or friends who wish to explore the Spa journey together, should enquire about one of our private rooms that makes provision for more than one guest at a time.

At The Spa, all things revolve around you and your need to unwind. Allow us to be a part of this journey.

COMPLIMENTARY FACILITIES

SPA REFRESHMENT STATION

HYDROTHERAPY AREA

ROMAN BATH

JACUZZI

TEPIDARIUM

STEAM ROOM

SAUNA

COLD PLUNGE POOL

RELAXATION ROOM

No children under the age of 18 are permitted in our complimentary facility areas.

MASSAGE & BODY

Signature Serenity Stones Massage

R 1700

75 minutes

Immerse yourself in the healing essence of our Serenity Stones Massage, thoughtfully crafted around the therapeutic properties of Basalt Rock and nourishing elements of Soy.

This indulgent full-body massage incorporates the use of a signature soy candle, excluding a harmonious fragrance that envelops your senses. As the warm oil infused with soothing soy is poured over your body, it sets the stage for the tranquil and comforting movements of the heated basalt stones. Each stone movement, equivalent to ten hand movements, is designed to deeply soothe and rejuvenate, melting away tension and stiffness in muscles and joints. For a heightened sense of relaxation and to assist in blood pressure regulation, we recommend concluding your treatment with 15 minutes in our gently heated Roman Tepidarium. Allow the experience to linger, embracing the harmony and balance that this luxurious journey imparts.

Bellabaci Tailored Aromatherapy Massage

R 1900

75 minutes

Indulge in a personalized wellness journey with our Tailored Aromatherapy Massage, designed to restore balance to your body, mind, and spirit. This therapeutic experience begins with a consultation to understand your specific needs—whether you're seeking relaxation, detoxification, immune support, or emotional upliftment.

As your therapist performs gentle, flowing massage techniques, the chosen Bellabaci concentrate works in harmony with your body, enhancing circulation, easing muscular tension, and promoting deep relaxation. The result is a truly bespoke experience that supports your holistic well-being—leaving you feeling rejuvenated, grounded, and reconnected. Take your concentrate home to continue your journey at home.

Deep Tissue Massage

R 1000 | R 1600

30 minutes | 60 minutes

A therapeutic body treatment meticulously crafted to restore a harmonious flow of energy throughout your body. Whether you opt for a 30-minute back session or a 60-minute full body indulgence, this massage promises to revitalize your body and leave you with a renewed sense of well-being and tranquility.

Warm Oil Massage

R 1500 | R 1900

60 minutes | 90 minutes

Feel the energies within your body harmonize and flow freely as this treatment helps to alleviate discomfort and revitalize your overall well-being.

Back, Neck, Shoulder & Scalp Massage

R 850 | R 1000

30 minutes | 45 minutes

Indulge in a targeted massage experience tailored to release tension and promote relaxation within the back, neck, shoulders, and scalp. This treatment aims to alleviate muscle tension, reduce stress levels, and restore the harmonious energy flow throughout the body.

Energizing Scalp, Face & Neck Rejuvenation

R 1500

60 minutes

Experience a transformative treatment focused on releasing accumulated tensions and stresses within the scalp, face, and neck muscles and tissues. This treatment combines expertly applied, firm yet gentle movements to enhance blood circulation, nourishing both the scalp and face. Additionally, it revitalizes your energy levels and promotes collagen production.

Revitalizing Leg & Foot Pressure Point Therapy

R 1000

45 minutes

Immerse yourself in a rejuvenating leg and foot experience crafted to relieve tired muscles and invigorate your senses. This energizing treatment begins with a luxurious scrub that pampers your skin, preparing it for the revitalizing massage that follows. Our skilled therapists incorporate specialized pressure point techniques during the massage to target specific areas, promoting relaxation and the release of tension.

Foot/Hand Massage

R 500

30 minutes

Soothing massage designed to rejuvenate tired feet or hands. Perfect for relieving stress and restoring balance to the body.

ADD ON

Hot Stones / Bellabaci Cups

R 200

Soy Candle

R 250

Treatments can be adapted to suit mothers-to-be, please enquire upon booking. All treatments can be booked in our couples suite to enjoy a side-by-side treatment, pre-booking is essential.

FACIALS

Esse Facial Experience

R 950

60 minutes

A bespoke facial that harnesses the power of advanced pre and probiotics to improve the microbial balance on the skin. Tailored to address your specific skin concerns with customisations and enhance the treatment with carefully crafted add-ons. Experience benefits that include stress relief, boosted collagen production, reduced inflammation and strengthened skin barrier function.

Thalgo Radiant Glow Facial

R 800

30 minutes

Unveil the beauty hidden within dull, tired complexions with our Thalgo Radiant Glow Facial. This 30-minute indulgence, the Ultimate Hydra Marine Ritual, enhances your skin's radiance and luminosity.

Thalgo Source Marine Hydration Ritual

R 1150

60 minutes

Indulge in the Thalgo Source Marine Hydration Ritual, a 60-minute facial that provides a long-lasting correction to the hydration levels of dehydrated skin. This rejuvenating ritual deeply replenishes your skin, restoring its velvety-smooth feel and natural radiance.

QMS Deep Pore Cleanse Treatment

R 1100

45 minutes

This treatment deeply cleanses and purifies, targeting impurities and excess oil to reveal a clearer complexion. Fruit acids and enzymes work to refine the skin's texture, promoting a smoother appearance and enhancing the absorption of nutrients.

Experience a revitalized and radiant complexion, perfectly suited for problematic and youthful skin.

QMS Activator Treatment

R 1350

60 minutes

This advanced treatment utilizes innovative activation techniques to enhance the delivery of active ingredients, revitalizing your skin and imparting a fresh, glowing complexion. Perfect for those seeking instant vitality, especially after a long flight or when fatigued, the QMS Activator Treatment provides a boost to jet-lagged and tired skin. Unlock the potential of your skin's natural radiance with this rejuvenating experience, leaving you feeling refreshed and ready to face the world anew.

QMS Collagen Reactivation Treatment

R 1800

90 minutes

This remarkable treatment provides a crucial boost to moisture levels, leveraging pioneering wellbeing techniques and QMS's signature 70% natural soluble collagens. Experience the transformative effects as your skin becomes firmer, with enhanced volume and reduced fine lines. The texture of your skin is visibly improved, leaving you with a rejuvenated and youthful glow. Immerse yourself in this extraordinary collagen-infused journey, where your skin's vitality is reawakened and radiance is restored.

FACIAL ADD ON

QMS Stemcell Mask

R 500

A mask made from the highest medically graded collagen fibers and peptides for an outstanding moisturizing effect, improve skin smoothness and elasticity, assist with skin renewal and preservation of the skin's protective barrier.

LED Mask

R 400

Stimulates collagen and elastin production, promotes skin cell rejuvenation and improves overall skin texture.

HAND & FOOT CARE

Indulge in the perfect hand or foot pampering at our dedicated Manicure & Pedicure Lounge. Immerse yourself in a serene space designed for shared treatments.

Express Manicure/Pedicure

R 320

30 minutes

A simple rehydration of hands/feet and cuticles. Beautifully shaped and polished.

Express Manicure/Pedicure with Gel

R 420

60 minutes

A nourishing treatment for hands. Hands are cleansed and exfoliated followed by intense cuticle care. Nails are filed and buffed to perfection, finished off with a polish of your choice.

Signature Manicure/Pedicure

R 500

60 minutes

A nourishing treatment for hands or feet. Starting off with soaking and exfoliating followed by intense cuticle care. Nails are filed and buffed to perfection, followed by a soothing massage to finish off. Includes a polish of your choice.

Signature Manicure/Pedicure with Gel

R 600

75 minutes

A nourishing treatment for hands or feet. Starting off with intense cuticle care, filing and buffing of the nails followed by a gel application. Finishing off with hard skin removal, exfoliation and a soothing massage to leave you feeling relaxed.

Medi - Heel Pedicure

R 650

75 minutes

A deluxe pedicure beginning with a revitalizing foot peel, soothing soak and scrub. Including cuticle care and nail polish application. Ending with a calming foot and lower leg massage.

ADD ON

Nail Art (per nail)	R 15
French Application	R 50
Paraffin Wax Dip	R 200
Soak Off when applying Gel	R 50
Gel Removal and Buff	R 180

WAXING

Lip/Chin/Brow Wax	R 150
Underarm Wax	R 250
Bikini Wax	R 250
Brazilian Wax	R 350
Half Leg Wax	R 350
Hollywood Wax	R 400
Full Leg Wax	R 420
Back Wax	R 400

TINTING

Lash Tint	R 160
Brow Tint	R 160
Lash & Brow Tint	R 250
Brow Lamination	R 450

YOUTH 8 - 15 YEARS

Holiday Hands Manicure 30 minutes	R 270
Healthy Feet Pedicure 30 minutes	R 300
Hydrating Youth Facial 30 minutes	R 450
Back, Neck and Shoulder Massage 30 minutes	R 500

SPA RITUALS

The Celebration

R 5000

90 minutes

per couple

This package is the perfect way to celebrate any special occasion. Starting with a **Warm Oil Massage** followed by a **Thalgo Radiant Glow Facial** in one of our partners rooms, end your experience with lunch at Monet's.

Fancourt Vitality Journey

R 2600

120 minutes

This ultimate trio of treatments starts with a soothing **Back, Neck, Shoulder & Scalp Bliss Massage**, followed by our **Express Esse Facial** and finally the **Revitalizing Leg & Foot Pressure Point Therapy** to restore vitality and leave you feeling deeply relaxed and rejuvenated.

Harmonizing Massage Experience

R 2400

120 minutes

Treat yourself to the ultimate relaxation with our "Harmonizing Duo Massage Experience," a luxurious 2-hour package that seamlessly combines the best of both worlds - the **Fancourt Warm Oil Massage** and the **Energizing Scalp, Neck and Face Rejuvenation**.

This extraordinary duo massage experience is designed to rejuvenate your mind, body, and soul, leaving you in a state of complete tranquility and bliss. Unwind and let our expert therapists bring you to a state of serene harmony, where every muscle is soothed, and your complexion glows with vitality.

Golfers Paradise Massage

R 1500

60 minutes

Tailored for golf lovers, this restorative treatment revives key post-round spots. Start with a therapeutic back massage to melt tension, boost flexibility, and soothe shoulders and lower back. Follow with a revitalizing foot and leg massage to ease weary feet, enhance circulation, and regain balance - leaving you refreshed, energized, and tee-ready.

COMPLIMENTARY FACILITIES ETIQUETTE

No diving.

No children under the age of 18 are permitted in our complimentary facility areas.

Plattner Golf Pty Ltd is not responsible for the loss / damage of your possessions.

Use of the facilities is at own risk.

Remember to shower before making use of our complimentary facilities.

Use a towel to sit on when using our complimentary facilities.

SPA ETIQUETTE

Operating Hours

The facilities are open from 06:00 - 21:00 daily.

Age Restriction

Our complimentary spa facilities are exclusively available to guests aged 18 and above.

Dress Code

Please adhere to our no-nudity policy. Bathing costumes are mandatory for all facilities. We provide locker facilities, disposable underwear, gowns, and towels.

Reservations

Ensure your preferred treatment time by booking in advance. Please specify if you have any requests at your time of booking.

Arrival

Arrive 30 minutes prior to enjoy our complimentary facilities like the Steam Room, Tepidarium, Plunge Pool, and Roman Bath. All appointments begin with a brief consultation with your therapist and conclude at the scheduled time.

Cancellation Policy

Notify us 24 hours prior to your appointment to avoid a 100% cancellation charge.

Health Concerns

Certain treatments may not be suitable for specific medical conditions or during pregnancy. Please use caution when using any of our complimentary facilities if you suffer from any health concerns. Please discuss any concerns at the time of booking and fill out a medical questionnaire upon arrival.

Disclaimer

Guests are responsible for their belongings. Plattner Golf Pty Ltd is not liable for loss or damage. Prices and operational times may change. Kindly share spa areas respectfully for a tranquil environment.

Mobile Phones

Keep mobile phones on silent to maintain a peaceful environment.

Gift Vouchers

Gift vouchers available from The Spa. It must be presented at the appointment. It is valid for three years from purchase, and not redeemable for cash.

Note

Treatment durations are approximate and may vary slightly.

Emergencies / Lost & Found

In the event of an emergency or if you need to contact lost and found, please contact our **Hotel Duty Manager | +27 (0) 64 750 6190**

For enquiries, please contact The Spa at
+27 (0)44 804 0013 or email: spa@fancourt.co.za

