



The Spa

Your Invitation to a Sensory Journey...

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COLLECTION



Kilindi Spa

Tucked away in a peaceful corner of Kilindi's tropical gardens we invite you to embark on a Spa journey and discover a place of profound peace. Reflecting its picturesque island setting and inspired by natural elements, the spa offers a range of treatments in a serene and elegant setting to improve well-being and enhance relaxation.

We strive to be an inspiration to each guest in the pursuit of vitality and total body rejuvenation during time spent with us. A balance found only through the care of all aspects of body, mind and spirit - from the fundamentals of our being to the freedom and flow of our spirits and energies. Within the tranquility and serenity of luscious surroundings we hope you will find joy in your heart and peace within your soul.

We have created spa programs and treatments to suit your needs using only pure products, containing no artificial colours, chemicals, parabens, petrochemicals, synthetics or other harmful ingredients. Only pure organic botanicals and indigenous plant extracts are used in our products.

This experience will transform your holiday. We can design a bespoke spa program for you to either Relax, Pamper, Detox or be Rejuvenated.

Welcome to Kilindi Spa.

Signature Selection

Zanzi-Spice Journey

Our customised Zanzi-Spice Journey will pamper you in the true African spirit of warmth and hospitality. A vigorous dry body brush boosts circulation, followed by an energising, detoxing body polish which will leave your skin feeling silky and refreshed. You will then be cocooned in a coffee, cinnamon and orange gel wrap to eliminate toxins, firm and energise skin whilst adding a radiant island glow. A blissful full body massage using a combination of our signature botanical balms and pure aromatherapy oils complete this truly indulgent experience leaving you relaxed, radiant and energised.

120 minutes ~ US \$250

Marula & Neroli Sensory Experience

A pampering treatment of pure indulgence with extracts of Marula, Neroli and Ylang-Ylang. Start your treatment with a Marula and Neroli body polish, followed by a selection of Marula and Neroli aromatherapy oil or balm for a sensual massage.

90 minutes ~ US \$150

Couples Escape

Enjoy a couples escape with a relaxing full body massage, incorporating the healing touch of an extended foot massage for complete balance.

75 minutes ~ US \$300 per couple

Couples Retreat

Your retreat starts with an unwinding foot ritual, followed by a full body destress massage and completed with a re-awakening facial.

120 minutes ~ US \$400 per couple

Signature Retreat

Start your retreat with an Anti - Oxidant Kahalari body exfoliation, this is followed by our Kilindi Hot Stone Massage, designed to focus on pain relief, emotional healing and overall relaxation.

120 minutes ~ US \$190

From The East

Abhyanga Full Body Massage

Abhyanga, the ancient art of Ayurvedic oil massage, is a deeply rejuvenating therapy designed to harmonize the body, mind, and spirit. Warm herbal oils, tailored to your unique dosha, are rhythmically massaged into the body using traditional techniques. This luxurious treatment nourishes the skin, detoxifies the body, and promotes a profound sense of relaxation and well-being.

60 minutes ~ US \$150

Shirodhara

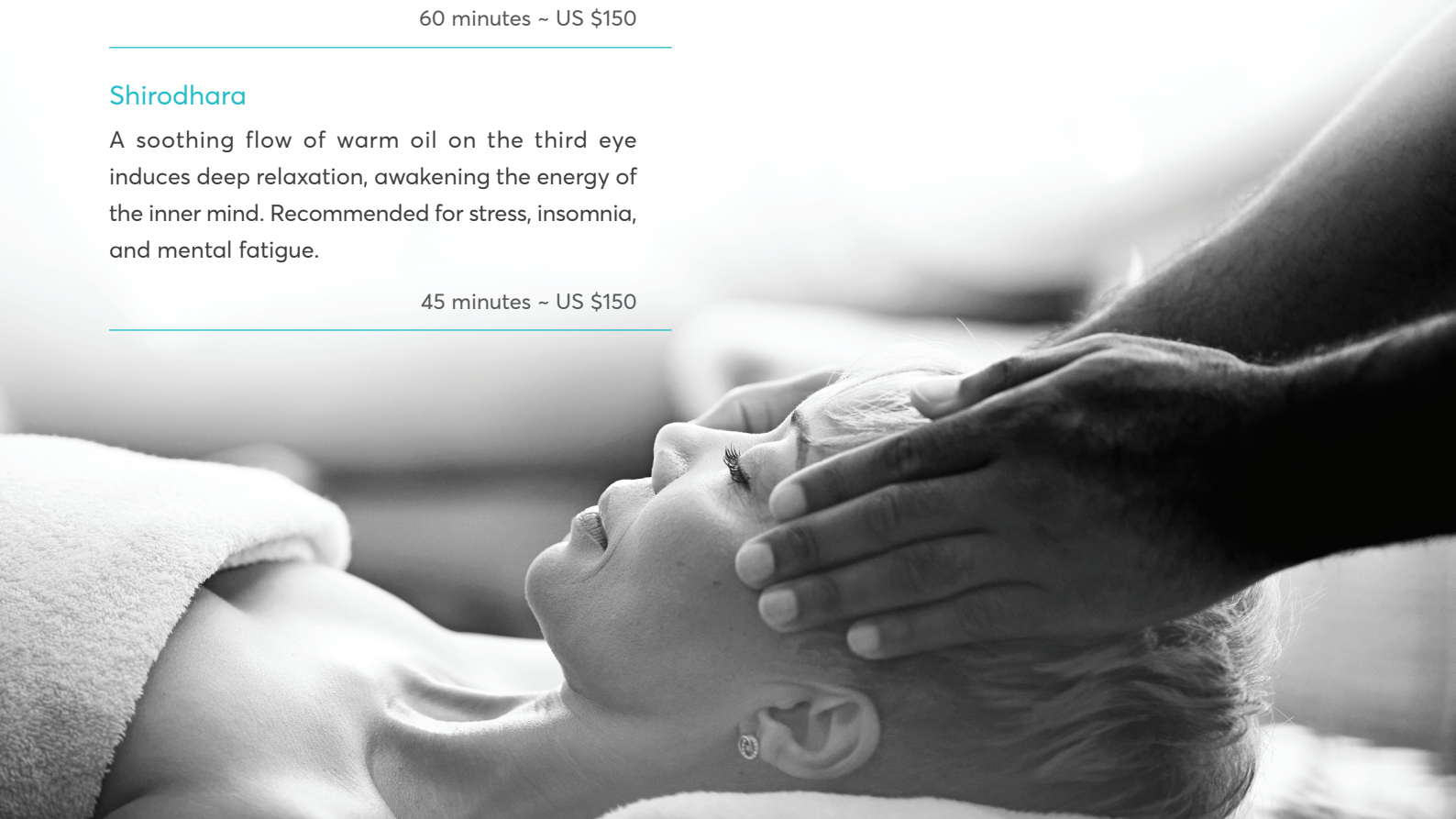
A soothing flow of warm oil on the third eye induces deep relaxation, awakening the energy of the inner mind. Recommended for stress, insomnia, and mental fatigue.

45 minutes ~ US \$150

Indian Head Massage

Originating from India, the significance lies in the use of warm coconut oil on the scalp along with the technique to stimulate specific pressure points. It increases blood circulation and lymphatic system and helps to increase oxygen flow to calm moods.

45 minutes ~ US \$90



Wellness Selection



Body Exfoliation

Our body exfoliation is specifically designed to gently remove dead skin revealing smooth, soft and nourished skin. Our polishes are made from finely ground walnuts in a base of pure African shea butter mixed with organic coconut oil and precious indigenous essential oil from the continent.

Choose From

- » Marula and Neroli ~ Relax
- » Kalahari Melon ~ Hydrate
- » Coffee Cinnamon and Orange ~ Slimming, firming, radiance
- » Mongongo Nut ~ Detox
- » African Ginger ~ Jet lag, swelling, water retention, lifting, firming

45minutes ~ US \$75

Aloe Vera Treatment

Our targeted body masks are designed to treat specific concerns creating both immediate and lasting results. The experience starts with an invigorating dry body brush and can be combined with our body polish from the same product family amplifying the results. Choose to relax in our hydrotherapy bath with mineral crystals and aromatherapy bath oil afterwards or a full body massage with aromatherapy oil from the same product family.

45minutes ~ US \$80

Body Scrub & Wrap

- » Nourishing ~ Dry and Damaged Skin
60 minutes ~ US \$80
 - » Revitalising ~ Tired and Sun-damaged Skin
60 minutes ~ US \$80
 - » Detoxifying ~ Supporting a Cleanse or Detox
60 minutes ~ US \$80
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Lymphatic Drainage Massage

The massage uses very light pressure and long, gentle, rhythmic strokes to increase the flow of lymph and reduce toxins in your body. The pressure from your blood vessels and movement from your muscles push the lymphatic fluid around.

75 minutes ~ US \$150

Facial Therapy

Kulinda Skin Protector – Anti Pollution

The seed pods of Nelson Mandela's favorite tree, the Baobab, or Tree of Life, is combined with extracts of Jasmine and a powerful synergy of anti-oxidant and protective ingredients leaving your skin soft, renewed and radiant. A herbal face compress infused with traditional herbs enhances overall skin health.

60 minutes ~ US \$120

Uzuri Skin Booster – Restore & Balance

Extracts of precious Rose and Neroli replenish and hydrate the skin and balance the skin tone. Rose Quartz crystals restore and harmonise the skin - leaving it hydrated and revitalised

60 minutes ~ US \$120

Nishati Skin Energiser – Tone & Renew

Marula, Geranium and Ylang-Ylang essential oils are mixed into an invigorating blend of sheer skin bliss. Excellent for tired skin and uneven skin tone.

60 minutes ~ US \$120

The Tri-Enzyme Peptide High Performance Optimiser

A unique formula backed by expert research allows for the penetration of unique anti-aging active ingredients and rejuvenation of the skin. Cranberry extracts combined with potent peptides, vitamins, amino acids and fatty acids create an increased production of micro collagen resulting in a youthful appearance.

90 minutes ~ US \$180



Healing Hands & Feet

African Hand Print Ritual

The ultimate hand ritual. Your hands are polished with pure African Shea butter and cuticles restored with indigenous healing oils. Your hands are then massaged with African Shea butter and covered with warm mitts. You will feel totally relaxed as you receive a shoulder and scalp massage while the warm oils penetrate your skin. Pinotage oil is applied, leaving your hands feeling completely invigorated.

60 minutes ~ US \$100

African Footprint Ritual

Celebrate your feet with this wonderful luxurious pedicure treatment. Your feet are soaked in African Joy energizing salt soak, scrubbed with a luxurious peppermint foot polish and massaged with African Shea butter. Relax as you receive a shoulder and scalp massage. Pure bliss for tired feet.

60 minutes ~ US \$100

File & Polish

30 Minutes ~ US \$25



Manicure & Pedicure

- » Soak Off (Gel Only)
30 minutes ~ US \$20
- » Standard Manicure with Polish
45 minutes ~ US \$65
- » Standard Pedicure with Polish
45 minutes ~ US \$65
- » Combined Manicure & Pedicure ~ US \$110

Healing Touch

African Aromatherapy

Indigenous African body oils are custom blended to hydrate, nourish, detox, sculpt and soften the skin whilst loosening tired aching muscles. Perfect for relaxing and restoring mind, body and soul.

Choose From

- » Muscle Melt De-Stress Massage
- » Detox Massage
- » Energising Massage
- » Nourishing Massage

60 minutes ~ US \$120 | 90 minutes ~ US \$180

Hot Stone Massage

Our Afro-hot stone will reduce stress, elevate tension, and increase your lymphatic flow to allow your body to detox and heal.

60 minutes ~ US \$140 | 90 minutes ~ US \$200

Stress Relief Massage

A massage designed to focus on all areas of stress including the back, the shoulders, the head and the feet.

60 minutes ~ US \$120 | 90 minutes ~ US \$180

Safari Foot Massage

A foot massage available poolside

30 minutes | US \$ 45

Swedish Massage

60 minutes ~ US \$120 | 90 minutes ~ US \$180

Deep Tissue Massage

60 minutes ~ US \$120 | 90 minutes ~ US \$180

Neck & Back Massage

30 minutes ~ US \$60

African Head Massage

30 minutes ~ US \$60

Enhance any of your spa treatments with one of the following add on treatments

- » 15 Minute Scalp Massage ~ US \$25
- » Hot Stones ~ US \$25
- » 15 Minute Foot Exfoliation ~ US \$25
- » Hydrotherapy Bath Session ~ US \$50

Maintenance Selection

Wax

Half Leg	US \$ 30
Full Leg	US \$ 50
Three Quarter Leg	US \$ 45
Underarm	US \$ 30
Full Arm	US \$ 35
Lip or Chin or Brow	US \$ 20
Side of Face	US \$ 25
Bikini	US \$ 25
Brazilian	US \$ 30
Hollywood	US \$ 40
Back	US \$ 50
Tummy	US \$ 35





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