



# Revive & Rejuvenate

Your Invitation to a Sensory Journey...

*elewana*  
COLLECTION

# Signature Treatment - Embrace Inspire Connect

## Meru Celebration Journey

Healing Earth has embodied the vibrant fusion of colorful beadwork preserving the Meru Culture of the past, present and future within the Meru Celebration Journey.

Our Journey starts with a Meru Foot Ritual, where salt crystals infused with plant extracts are used to cleanse away outside elements, ensuring a positive and continual flow of energy within the client-therapist Journey.

The journey continues with a beautiful body cleanse, using an exotic Healing Earth Coffee Cinnamon & Orange Polish mixed with indigenous oil extracts to thoroughly cleanse the skin. A delightful, relaxation massage therapy follows with our Meru Body Butter, enriched with African Shea Butter, Coconut Oil and a rich spice blend that leaves your body, mind and soul renewed and invigorated.

To end your Journey, we call on the Rain with our Ancient Meru Thank You Celebration to signify the end of our signature therapy and as symbolism of the Meru Culture where rain is symbolic as an essential life giving force of new beginnings, prosperity and rejuvenation.

Clients embrace the Meru World and is gifted with a Jewel of Meru beadwork which they intuitively choose thereby holding a lasting memory and deep-rooted connection with the African Soil and its people.

90 minutes ~ US \$150

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# Healing Touch - Massage Therapy

## Sensory Escape Aromatherapy Massage "Unwind"

We invite you to unwind with our quintessential relaxing aromatherapy massage dedicated to revive mind, body and soul whilst you listen to the soothing sounds of mother nature in the heart of the African Bush.

Full Body : 60 min ~ US \$100  
Back and Neck : 45 min ~ US \$70

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## The Healing Earth African Shea Butter Massage "Nourishing"

African Shea butter has been long hailed for its powerful healing and nourishing effects. Nourishing, relaxing and energizing this massage targets specific areas of tension and muscular discomfort. Employing deep tissue techniques where pain is dramatically alleviated.

Full Body : 60 min ~ US \$110  
Back and Neck : 45 min ~ US \$85

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# Luxurious Hand & Foot Ceremonies

## African Hand Print Ritual

The ultimate hand ritual. Your hands are polished with aromatherapy walnut polish and cuticles restored with indigenous oils. Your hands are then massaged with African Shea butter and covered with warm mits. You will feel totally relaxed as you received a shoulder and scalp massage while the warm oils penetrate into your skin. Pinotage hand or oil is applied, leaving your hands feeling totally invigorated.

60 minutes ~ US \$65

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## African Foot Print Ritual

Celebrate your feet with this wonderful luxurious foot treatment. Your feet are soaked in African Joy energizing salt soak, scrubbed and massaged with eucalyptus and peppermint foot scrub which will leave your feet smooth and slender as circulation is restored to your tired limbs. Your feet are then embalmed in Shea butter whilst you sit back and relax as you receive a shoulder and scalp massage. Pure bliss for tired feet.

60 minutes ~ US \$65

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- » All treatments can take place in an unoccupied room or in your room.
- » Prices are in US Dollars and can be paid either by cash or credit card on departure



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MERU  
—  
KENYA



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