

I N  L E

SPA

TREATMENT MENU

MASSAGE

CBD Wellness Massage

60min

R860

Begin your experience with a drop of CBD (Cannabidiol) tincture under the tongue to encourage a sense of calm, followed by a relaxing full body massage incorporating CBD oil. This signature treatment is designed to decrease pain and inflammation whilst promoting restorative sleep. THC Free and 100% legal.

Deep Tissue Massage

60min

R800

This deep rhythmic pressure massage targets stubborn knots in areas of chronic stress, releasing sluggish blood flow and easing deep tension.

Hot Stone Massage

60min

R800

Using heated lava stones, we amplify the senses of touch to create a sense of total relaxation. Lava stones provide deep muscle relaxation through the transfer of heat.

Relaxing Swedish Massage

60min

R750

This ever popular, classic all-round body reviver manipulates muscles to instantly release tension and muscular stiffness.

Back, Neck & Shoulder Massage

45min

R590

30min

R510

Pressure Point Foot Massage

30min

R510

ENHANCEMENTS:

Upgrade your 60min massage with an additional 30min

R350

Add on Goodleaf CBD Oil

R140

Add on Back Scrub

R130

Add Hot Stones to your massage

R100



**YOU ARE NOW ENTERING A
STRESS-FREE ZONE.**



BODY TREATMENTS

Hydrating/Detoxing Body Wrap

60min

R710

Choose between a relaxing or an invigorating aroma wellness body wrap, hydrate with Neroli and vanilla essential oil or detoxify with peppermint and rosemary essential oils.

Salt Body Scrub

60min

R390

The luxurious natural salt and coconut oil exfoliating body treatment improves the skin's texture and renews a rejuvenating glow to the skin.



**SPOIL YOURSELF
WITH LAZY,
LUXURIOUS
TREATMENTS
FOCUSED ON
RELAXATION AND
REJUVENATION.**

FACIALS

Thalgo Radiance Facial

30min

R530

The Ultimate Hydra Marine Ritual, magnifies radiance and reveals the beauty of dull, tired complexions. The secret of its effectiveness is its mask and professional concentrates combined with energising digital pressure.

Thalgo Classic Marine Facial

60min

R750

This customised professional treatment concentrates the vital force and benefits of the oceans to deliver beautiful, healthy-looking skin to either deep cleanse, hydrate or rejuvenate.

Thalgo Source Marine Hydra-Strengthening Treatment

60min

R950

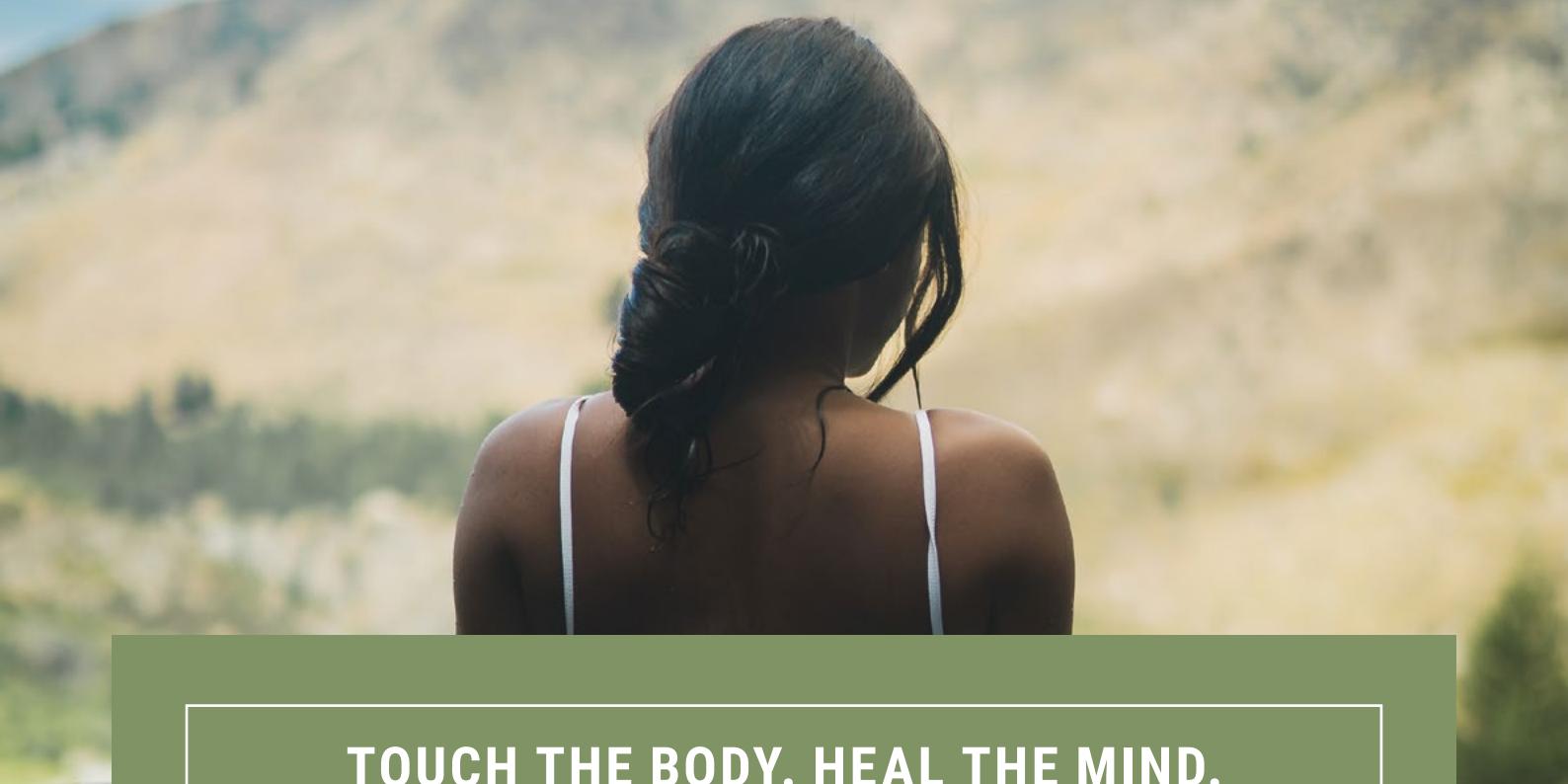
This facial hydrates the skin, whilst boosting radiance. The unique ingredient selection and Marine Infusion plasticizing mask will also improve the skin's own natural reservoir of moisture, ensuring long-term hydration. Suitable for all skin types.

Thalgo Hyalu-Procollagene Wrinkle Correcting Pro Eye Treatment Add on to Facial

R360

An SOS treatment to smooth the eye contour area and lessen the appearance of fine lines and wrinkles, diminishing signs of ageing and fatigue for younger-looking eyes.





**TOUCH THE BODY. HEAL THE MIND.
CALM THE SPIRIT.**

NAILS

Spa Manicure	60min	R460
Spa Pedicure	60min	R490
Express Manicure or Pedicure	30min	R320

30min Express Manicures/Pedicures include shaping of the nails, cuticle care, a hand/foot massage and varnishing of the nails. In addition to our basic manicure/pedicures, 60mins treatments include an exfoliation and specialised mask application.

SPA BOOKINGS

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Just off the Old Loerie Road, Thornhill, 6375, Eastern Cape

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IN  LE

BOUTIQUE HOTEL



JEFFREYS BAY | EASTERN CAPE