

WELLNES PACKAGES

CACAO BLISS

⌚ 3 hours

"A Journey of the Heart"

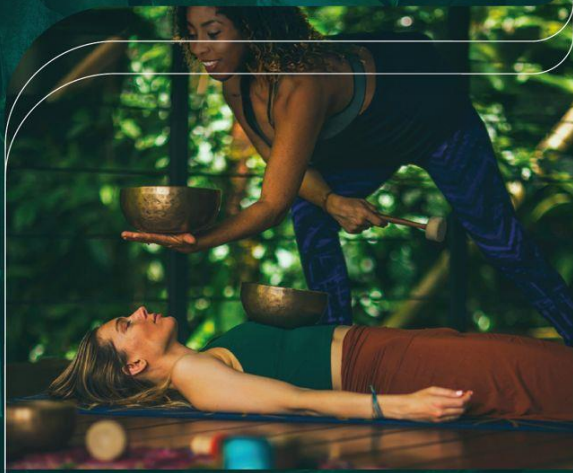
Awaken your senses and discover deep relaxation with this extraordinary offering. Begin your journey with a heartfelt Cacao Ceremony, where meditative practices and mindful reflections open your heart, fostering a profound connection to yourself and those around you. Complete the experience with a luxurious Cacao Massage, allowing the nurturing essence of cacao to soothe your body and elevate your spirit.

SOULFUL CONNECTION

⌚ 4 hours

"A Love Reawakened"

Rediscover love and harmony with this deeply meaningful experience designed to refresh your spirit and rekindle the joy of your relationship. Through thoughtful, soul-enriching activities, you and your beloved will cultivate gratitude, renew your bond, and nurture fresh energy in your partnership. The experience culminates with a relaxing couple's massage, leaving you both deeply connected, rejuvenated, and harmonized.



+ ADD ON

REFLEXOLOGY

⌚ 30 min

Target pressure points in your feet with this gentle therapy designed to promote overall well-being. Reflexology stimulates areas corresponding to various organs and systems in the body, enhancing energy flow and restoring balance.

BACK MASSAGE

⌚ 30 min

A focused treatment that alleviates muscle tension in key areas of the back. Ideal for relieving tightness and promoting relaxation in a short, effective session.

BODY SCRUB

⌚ 30 min

This gentle exfoliating treatment removes dead skin cells, unveiling a smooth, radiant complexion. Perfect as a standalone service or paired with other treatments.

SCALP MASSAGE

⌚ 30 min

Experience soothing relief with this gentle treatment focusing on the scalp. Using light pressure, it stimulates circulation, eases stress, and promotes a sense of calm and clarity.

FACIAL

⌚ 30 min

Each facial treatment is uniquely tailored to your individual skin type and concerns. Our skilled.

FIND THE POWER WITHIN YOU AND RECONNECT WITH NATURE



To give our guests the best experience we kindly ask that you arrive 10 minutes before your scheduled treatment.

As a courtesy to other guests and our service providers please give us a 12 hour cancellation notice or no shows will result in a charge of the full price of the treatment.



COSTA RICA TOUCH EXPERIENCE

RELAXING MASSAGE

⌚ 50 min | 80 min

Experience pure tranquility with our Relaxing Massage. Gentle strokes and soothing pressure work together to release stress and tension, leaving your body and mind at ease.

DEEP TISSUE MASSAGE

⌚ 50 min | 80 min

Perfect for those seeking relief from deep-seated tension or discomfort, our Deep Tissue Massage uses firm pressure to restore your body's natural alignment and alleviate pain, helping you feel renewed and balanced.

TIRED LEGS RELIEF

⌚ 50 min | 80 min

Ease the strain of tired, heavy legs with this revitalizing treatment. Using bamboo and herbal pindas, filled with a therapeutic blend of herbs, our skilled therapists deliver a soothing massage to restore energy and reduce discomfort. The gentle warmth of the pindas enhances the healing process, leaving your legs refreshed and rejuvenated.

HOT STONES MASSAGE

⌚ 80 min

Smooth, heated stones are strategically placed on key areas of the body to warm and loosen tight muscles. This deeply relaxing treatment restores balance and promotes overall well-being, leaving you feeling harmonized in body and mind.

AROMATHERAPY MASSAGE

⌚ 80 min

Immerse yourself in a sensory journey with our Aromatherapy Massage. The calming fragrances, combined with expert massage techniques, deeply relax the body, balance emotions, and rejuvenate your spirit for a complete sense of renewal.

STRETCHING MASSAGE

⌚ 80 min

Release tension and restore mobility with this revitalizing experience. Focusing on tight muscles and improving your range of motion, the Stretching Massage boosts circulation, realigns the body, and leaves you feeling light, refreshed, and renewed.

BLOOMING NATURAL FACIAL

Each facial treatment is uniquely tailored to your individual skin type and concerns. Our skilled.

Facial

⌚ 80 min



COUPLES EXPERIENCES

ETERNAL EMBRACE

⌚ 110 min

Surrender to the warmth of love and relaxation with this enchanting journey.

Heated stones glide across your skin, their soothing touch melting away tension and calming your spirits. Complete the experience with a gentle body wrap infused with nourishing oils, cocooning you and your beloved in a comforting embrace that renews your bond and leaves you both glowing with bliss. As a sweet finale, indulge in a shared moment of delight with artisanal chocolates and a toast of fine wine.

FOREVER YOURS

"A Rainforest Escape"

⌚ 110 min

Celebrate your love in the heart of paradise with this romantic retreat. Begin with a rejuvenating body scrub that tenderly polishes and refreshes your skin, preparing you for a luxurious wrap that nourishes and rejuvenates your souls. This intimate experience is the perfect way to honor your connection and bask in the beauty of each other, creating memories that will last a lifetime.

WELLNES EXPERIENCES

SLEEPY SLOTH

(Massage with Tibetan Bowls)

⌚ 80 min

A deeply calming treatment combining warm, herbal-infused oils gently poured over the forehead with the soothing resonance of Tibetan singing bowls. This harmonious blend promotes profound relaxation, mental clarity, and emotional balance, helping you feel centered and serene.

SOUND THERAPY WITH TIBETAN BOWLS

⌚ 60 min

Embark on a deeply relaxing journey that harmonizes your body, heart, and mind through the healing vibrations of sound. Performed with Tibetan and quartz crystal bowls, chimes, and other instruments, this therapy creates a meditative experience that restores inner balance and tranquility.

CACAO CEREMONY

⌚ 60 min

Reconnect with ancient wisdom and awaken your inner truth in this heart-opening shamanic ceremony. Guided by medicine songs, meditative introspection, and joyful rituals, this experience features ceremonial cacao to inspire balance, harmony, and a deep sense of self-awareness.

AQUA HARMONY THERAPY

⌚ 60 min

Experience the serenity of water-based healing with Aqua Harmony Therapy. Held in a warm, shallow pool, this gentle practice allows you to float effortlessly, promoting deep relaxation, emotional release, and a profound sense of peace.

COMBINED EXPERIENCES

BODY SCRUB & WRAP

⌚ 80 min

Start with a rejuvenating body scrub to exfoliate and reveal smooth, radiant skin. Follow with a nourishing body wrap that hydrates and revitalizes, enveloping you in soothing comfort. This two-step treatment refreshes your skin and promotes deep relaxation, leaving you feeling completely renewed.



Spa Hours
10:00 am to 8:00 pm

☎ (+506) 2479-7070 ext 204
✉ spa@amorarenal.com

Rainforest

WELLNESS EXPERIENCE SPA

COSTA RICA TOUCH EXPERIENCE

Relaxing Massage

50 min | 80 min \$135 | \$175

Tired Legs Relief

50min | 80min \$135 | \$175

Deep Tissue Massage

50min | 80min \$150 | \$190

Stretching Massage

80min \$175

Hot Stones Massage

80min \$180

Aromatherapy Massage

80min \$180

Blooming Natural Facial

Facial 80min \$180

WELLNESS EXPERIENCES

Sleepy Sloth (Massage with Tibetan Bowls)

80min \$175

Sound Therapy with Tibetan Bowls

60min \$125

Aqua Harmony Therapy

60min \$125

Cacao Ceremony

60min \$125

TAXES ARE NO INCLUDED

WELLNESS PACKAGES

Cacao Bliss

"A Journey of the Heart"

3hr \$495 per couple

Soulfull Connection

"A Love Reawakened"

4hr \$595 per couple

COUPLES EXPERIENCES

Eternal Embrace

110min \$450 per couple

Forever Yours

"A Rainforest Escape"

110min \$500 per couple

COMBINED EXPERIENCES

Body Scrub + Wrap

80min \$175

ADD ON

Reflexology

30min \$60

Back Massage

30min \$60

Body Scrub / Wrap

30min \$60

Facial 30min

30min \$60

Scalp Massage

30min \$60

TAXES ARE NO INCLUDED