KWANDWE
PRIVATE GAME RESERVE

Kwandwe In-Room Treatments



WELCOME TO YOUR PRIVATE WILDERNESS

WELLNESS

For millennia, Africa's inhabitants lived in harmony with the natural world—a balance we believe is essential for true well-being.

At Kwandwe, we honour this deep connection to nature by offering spa treatments that nurture your well-being and celebrate the harmony of the natural world.

OUR SPA TREATMENTS

Indulge in a variety of wellness treatments in the comfort of your suite. We use TheraVine and TheraNaka™—luxurious products made with the finest African plant extracts, sustainably sourced and supporting organic certification and Fair Trade.

Free from harmful alcohols, artificial fragrances, and colorants, our products include Marula oil, Mongongo nut oil, Shea butter, Baobab oil, and more.

Our treatments combine modern skincare science with the ancient wisdom of Africa, offering rejuvenating facials and soothing massages that harness the healing power of nature. Let our expert therapists guide you on a journey of relaxation and renewal.

THERAVINE™
SKIN SCIENCE

TheraNAKA™
SOUTH AFRICA

BOOKING YOUR SPA TREATMENT

YOUR SPA APPOINTMENT AND CONSULTATION

Please liaise with your lodge or villa manager, or our spa therapists, early in your stay to secure an appointment with our wonderful spa team.

To ensure your treatment is perfectly tailored to your needs, your therapist will conduct a brief consultation at the start of your session.

We look forward to welcoming you and making your experience unforgettable.



SIGNATURE MASSAGES

Our treatments and rituals are inspired by, designed and based on Africa's rich heritage, and created to celebrate mother earth and her connection with life.

AFRICAN WOOD

55 min | R 950

Light stretching techniques and specially-designed body and face wooden implements are used to relax and restore body and mind. A warm olive and shea butter ointment will assist in nourishing and healing dry skin while allowing you to experience blissful relaxation and rejuvenation.

AFRICAN AWAKENING

1hr| R 1000

The skillful combination of contracting and oxygenating-enhancing breathing techniques will awaken your senses and revive your body and mind. Choose your favourite scent from our selection of marula herb-infused body oils to address your every need.

AFRICAN VIGOUR BACK, NECK & SHOULDER

30 min | R 650
45 min | R 850

A warm aroma blend infused with circulatory-boosting essential oils is coupled with a deep tissue massage to relieve deep seated tension all the way to the core of the muscle. End with the application of a refreshing gel, leaving your body feeling fresh and invigorated.

CBD-INFUSED HEATED BALM MASSAGE

1hr | R 950

Melt away the troubles of life with gentle stroking movements using a heated pure CBD-infused balm to relax the body. Indulge in the synergistic calming effect of CBD, ylang-ylang, geranium and lavender as the warmth of the balm caresses your body and your senses naturally relax. Contains the legal limit dose of 20mg CBD.



FULL BODY MASSAGE, EXFOLIATION & WRAPS

AFRICAN FUSION MASSAGE

1hr | R 950

Choose your treatment type and pair it with a marula herb-infused body oil that supports your wellness goal.

PEACE Relaxing | RECHARGE Uplifting | STORM Detoxifying | EARTH Safe and soothing | VIGOUR Invigorating

EXPRESS EXFOLIATION

1hr | R 950

A gentle cleansing full body exfoliation, using botanical extracts that effectively eliminate lifeless skin cells. Baobab lotion is applied leaving your skin feeling silky soft.

BODY WRAPS

1hr | R 1100

To commence this sensory journey, you will receive a full body exfoliation, followed by an herbal fusion back and legs massage. Let your mind drift off whilst you are cocooned in a comforting envelopment of fragrant oils and African Wraps from our therapeutic range.

Choose the wrap that will treat, renew, or invigorate the skin and drift away during the relaxing scalp massage. Bringing this journey to a close is the healing touch of your therapist applying nourishing Baobab lotion.

An experience out of Africa!

Detoxifying Mud Wrap | Uplifting Mud Wrap | Relaxing Ferox Gel Wrap

SKINCARE ESSENTIALS

THERAVINE® BALANCING FACIAL

1hr | R 800

A deep-cleansing facial to gently remove surface impurities using a customised purifying mask while specially selected aromatic botanicals restore balance to the skin.

THERAVINE® HYDRAVINE FACIAL

1hr | R 800

A revolutionary cloth mask containing Hyaluronic Acid intensely moisturises the skin and 'locks in' active ingredients for up to 3 weeks – perfect for very dry, sensitive skin needing intense hydration.

THERAVINE® DELUXE ANTI-AGING FACIAL

1hr | R 800

This replenishing treatment assists in reducing fine lines and wrinkles with peptide-rich boosters and serums to combat the signs of ageing while a plasticising mask further enhances the actions of the active ingredients.

PAMPER HANDS & FEET

MANICURE

1hr | R 600

Indulge in an African-inspired spa manicure, treating your hands and forearms to a gentle exfoliation followed by an African Earth Fusion hand massage, while including nail and cuticle attention, followed by a nail colour of your choice for your rejuvenated younger-looking hands.

PEDICURE

1hr | R 650

Pamper tired feet and legs during a soothing spa pedicure, focusing on exfoliation and including a nourishing African shea butter dumbbell massage with nail and cuticle attention. Choose a dazzling nail colour to finish your gorgeous new feet.

FOOT RITUAL

45 min | R600

Indulge tired, aching feet with a luxurious detoxifying foot soak, scrub and foot and leg massage. Pure bliss for feet in need of some love.





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www.kwandwe.com