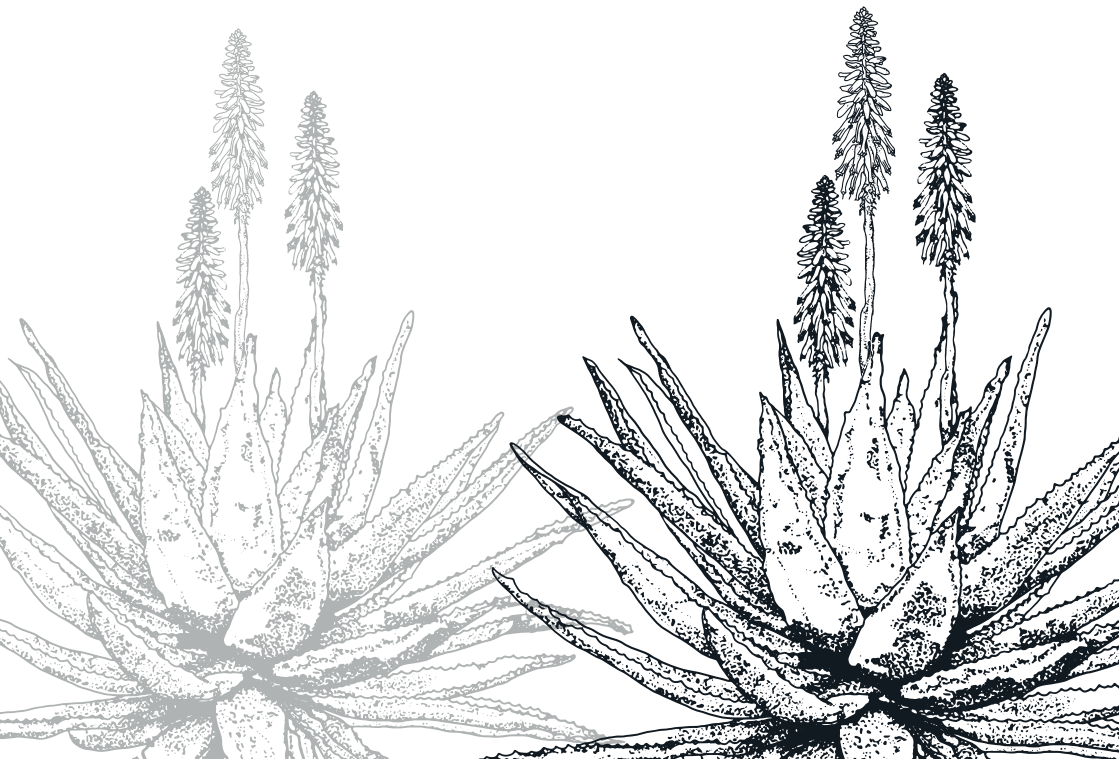


S E R O N D E L L A



WELCOME TO THE MATLAKUSA SPA

We want to invite you to share our holistic passion for wellness and health through our gym and spa facilities in nature.





EXPLORE

Located within the lodge, our gym has cardio and weighted equipment for a well-balanced workout.

Our deck overlooks the river bed and has space for yoga, Pilates and stretching. If you would like to book a facilitated bespoke session during your stay, please enquire early on.

ENRICH

Nourish your well-being. Our skilled therapists blend ancient wisdom with modern techniques, ensuring that every treatment enriches your body, mind, and soul. Let the healing power of touch rejuvenate you.

ESCAPE

Unwind, breathe, and let go. Take time to rest, connect with nature and invite the sense of calm that the stillness of the bush provides. Listen, observe, breathe.



SPA MENU

PACKAGES

KINGFISHER

2HRS - R2200

- Back, neck and shoulder massage
- Scalp massage
- Foot massage
- Refresh facial
- Light refreshment and relaxation in the sala

LOURIE

3.5 HRS - R3700

- Full body scrub
- Body wrap of choice
- Foot and scalp massage
- Outdoor wood burning bath
- Body massage
- Light refreshment and relaxation in the sala

NARINA

4HRS - R4400

- Marble and quartz facial including neck, shoulder and foot massage
- Herbal Intuitive oil Massage full body
- Manicure
- Pedicure
- Light refreshment and relaxation in the sala



BODY THERAPY

HYDRATING BODY SCRUB

45 MINS - R800

A deep hydrating sugar scrub to remove dead skin cells and add moisture back to the skin, pairs well with any body massage.

DETOXIFYING BODY WRAP

2HRS 15MINS - R2900

We use an invigorating and stimulating natural clay blended with essential oils to help with circulation and lymph drainage. The full body is exfoliated before the warm wrap is applied, followed by a scalp and foot massage. Completed with a shower for circulatory massage and energy balancing.

BOOSTING BODY WRAP

2HRS 15 MINS - R2900

Our vitamin and mineral cocktail is enriched with plant extracts to help boost the skin's texture. Great for skin conditions such as eczema, rashes, sunburn, and swelling. The full body is exfoliated before the warm hydrating wrap is applied, followed by a scalp and foot massage. Completed with a hydrating and soothing full body massage

MATLAKUSA HOT TUB EXPERIENCE

1HR - R1000

Our perfectly situated wood burning tub under the stars. Take time out as a couple to share connected time in nature and self care. Self - application body scrub and body mud of your choice, follow by a magnesium milk bath to soothe aches and pains and help aid more restful sleep.



MASSAGES

INTUITIVE HERBAL OIL MASSAGE

BACK 30 MINS - R650 | **BACK** 45 MINS - R1200

BODY 60 MINS - R1200 | **BODY** 90 MINS - R1700

Choose your aromatherapy infused massage oils to be warmly applied to combat tight muscles, lymph drainage and tension and a restless mind.

Choose your pressure and blend of herbal oils to suit your needs.

SERONDELLA SIGNATURE

BODY 90 MINS - R1700

This treatment starts with the application of warm, soothing scrub and wrap mud to ease tension and purify, followed by a full body massage to restore balance and hydrate the skin.

DEEP TISSUE MASSAGE

BACK 30 MINS - R650

BODY 60 MINS - R1200 | **BODY** 90 MINS - R1700

HOT STONE MASSAGE

BACK 30 MINS - R650

BODY 60 MINS - R1200 | **BODY** 90 MINS - R1700

A comforting body massage helps to ground you energetically with warm basalt river stones placed on therapeutic body points. A gentle pressure massage allows the warmth of stones to increase blood flow to aching muscles.

JETLAGGER

75 MINS - R1500 | 90 MINS - R1900

Easy-melting Shea from Ghana blended with healing African Potato, rooibos and natural essential oil selection creates a sublime, beautiful full body massage. Includes a mobility foot massage, and full head and scalp massage.

CUSTOMISE ANY MASSAGE BY ADDING ON ONE OF OUR BOOSTERS



BOOSTERS

HAND | FOOT | SCALP MASSAGE

15 MINS - R380

KIDS SPA (UNDER 12YRS)

Our kids spa products are sensitively formulated to be safe for the use on a child's young skin.

COCONUT & PINEAPPLE BALM MASSAGE

30 MINS - R450 | 45 MINS - R650

MANICURE & PEDICURE

MANICURE 45 MINS - R550 | WITH GEL 60 MINS - R700

PEDICURE 60 MINS - R650 | WITH GEL 70 MINS - R800

FOR A BEAUTIFUL RESPITE FOR YOUR HANDS AND FEET SOAKED IN WARM MAGNESIUM WATER

Your hands or feet will be massaged, your nails shaped and your skin richly hydrated with our all-natural products designed to undo environmental damage to your skin.



FACIAL THERAPY

REFRESH FACIAL

30 MINS - R800

This shortened facial works to give the skin a deep cleanse with exfoliation and massage.

DEEP CLEANSE FACIAL

60 MINS - R1200

A deep cleanse can leave the skin looking refreshed and more youthful. It is essential in our bush environment. By using our gentle Exfoliating Cream and hot compresses and steam, we purify the skin. Our specialised massage stimulates and uplifts tired and dull skin, and natural clay masks clear impurities or help hydrate.

MARBLE AND QUARTZ FACIAL

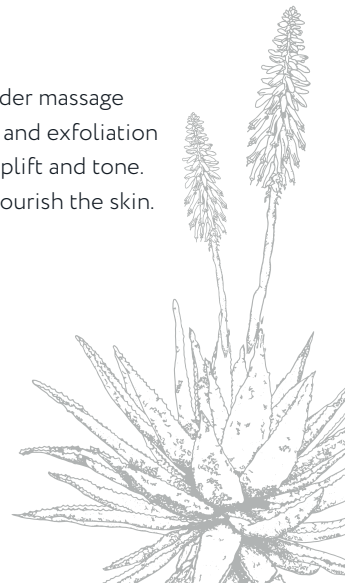
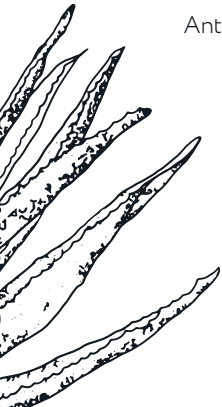
80 MINS - R1750

Our beautiful blend of Rosehip and Rose Absolute is designed to restore the skin's natural balance. Cold and warm stones are used to stimulate lymph and circulation in conjunction with a deep cleansing. The neck, décolleté and feet are also worked to relax muscle tension, reduce fine lines with our anti-oxidant blend, fight the signs of photoaging, and increase hydration and cell renewal.

REJUVENATING FACIAL & MASSAGE

90 MINS - R1900

This rejuvenating facial starts with a scalp, neck and shoulder massage releasing tension. A renewing facial with anti-aging masks and exfoliation adds moisture back, with our signature facial massage to uplift and tone. Anti-oxidants and Hylauronic acid are supplemented to nourish the skin.



S E R O N D E L L A



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