



L E T U S T A K E E Y O U B Y T H E H A N D

Nestled in the heart of Cape Town's iconic Constantia Valley, Last Word Constantia is your serene escape from the hustle and bustle of city life. It's not just a place to stay—it's a place to breathe.

Our nine beautiful rooms and suites are your private oasis, with luxurious linens, tranquil garden views, and thoughtful touches that make you feel right at home. At Last Word Constantia, we've got one simple mission: to make you feel like the only guest here, whether you're relaxing by the pool or enjoying a delicious breakfast made with locally sourced ingredients. The Constantia Valley offers an experience steeped in history and heritage. As one of South Africa's oldest wine regions, it's home to some of the country's most refined wine farms and top-notch restaurants. Here, the fine wine culture is as rich as the soil, with historic estates offering a glimpse into the past, while still producing some of the best wines in the world. And

with a mild Mediterranean climate, the valley's lush landscapes and proximity to the mountain ensure a refreshing escape all year round. Constantia is perfectly positioned as a base to explore the surrounding areas of Cape Town. With easy access to beaches, hiking trails, and the city itself, you can fit in adventure and relaxation, all while remaining close to the best local dining and wine experiences. It's a quieter, more intimate alternative to the more tourist-heavy regions, where you can truly immerse yourself in the beauty of the valley, the culture, and, of course, the wine. No rush, just relaxation. So, kick back, unwind, and take in the beauty of this lovely place—this is Last Word Constantia.

HOTEL INFORMATION

- 9 bedroomed Boutique Hotel situated in the Cape's oldest and most beautiful valley
- 1 Family Suite, 4 Elegant Suites and 4 Superior Suites
- Check-in is from 14h00; check-out by 11h00
- Children of all ages welcome
- No pets allowed
- ELECTRICITY BACKUP: We have our own solar/inverter/battery back ups so during rolling blackout or load shedding, there will be zero impact on guests, the system will support all the electronic devices

IN ROOM AND HOUSE SERVICES

- Spacious rooms
- Fresh flowers
- Complimentary tea and coffee tray
- Bespoke amenities
- Complimentary minibar and snacks
- Satellite television
- Complimentary Wi-Fi
- Private in-room safe
- Air-conditioning

• Heated towel rails

- Telephone
- Hairdryer
- Luxury gowns and slippers
- 300-thread-count cotton linen
- Turn-down with little surprises
- Separate shower, bath, and toilet

FOOD AND DRINK

- Breakfast - 8-10AM, Buffet and cooked
- Room Service - Until 8PM, Sandwiches, Cheese and Meat platters
- Peddlars on the Bend (Beer and knife and fork) – Order next door, Add to room bill
- Tea/Coffee (mug with steam) – Complimentary, refreshed daily

LEISURE AND OUTDOOR

- Swimming Pool – No Lifeguard, Use Sunscreen
- Picnic – Picnic in the garden, watch the birds
- Massage and Wellness (lotus or hands icon) – Relax with a massage, book through reception
- Babysitting and Child Minding (Teddy Bear) – Available by arrangement, ask at reception

LOCAL ACTIVITIES

There's plenty to see, do, and explore within easy reach of Last Word Constantia. Whether you're after adventure, family fun, or a taste of the outdoors, here are some of our favourite nearby experiences:

- Acrobranch Constantia Nek - Swing, zip, and climb through the treetops on thrilling zipline courses designed for all ages and confidence levels. A fun, active way to enjoy Constantia's natural beauty.
- The Clay Café (Hout Bay) - Get creative painting your own pottery at this colourful café. Great for families, couples, or anyone who loves a hands-on, relaxing activity.
- Guided Hiking Trails - Explore the breathtaking trails of Constantia, from gentle vineyard walks to mountain paths with panoramic views. Guided hikes are available for all fitness levels.
- World of Birds (Hout Bay) - Africa's largest bird park, home to over 3,000 birds and small animals. A wonderful day out for the whole family.
- Constantia Uitsig Bike Park - Located at the Heritage Market, this professionally designed bike park offers tracks for all skill levels, from kids to seasoned riders. Bring your own bike or hire one on-site.
- Surfing at Muizenberg Beach - Just a short drive away, Muizenberg is known as one of Cape Town's best beginner-friendly surf spots. With gentle, rolling waves and plenty of surf schools and rentals available, it's ideal if you're new to surfing or just want to catch a wave for fun.
- Swimming in Coastal Tidal Pools - For a more relaxed splash, try the many tidal pools around Cape Town's coast. These sheltered rock-based pools are safe, scenic and perfect for family swims or an easy dip after sightseeing.
- Shopping at Constantia Village - A short drive from the hotel, Constantia Village is an upmarket shopping centre with boutique stores, artisanal food outlets, wine shops, cafés, and luxury essentials - perfect for a leisurely browse or last-minute gift.

The Big Ones

If it's your first visit to Cape Town, these are the legendary landmarks everyone talks about, and for good reason.

- Table Mountain - Take the cable car or hike to the top of this world wonder for panoramic views of Cape Town and beyond.
- Kirstenbosch Botanical Gardens - Just down the road, this magnificent garden on the slopes of Table Mountain showcases South Africa's unique flora and offers tranquil picnic spots and open-air summer concerts.
- Boulders Beach Penguins - Visit the famous colony of African penguins in Simon's Town - charming, photogenic, and just a short drive away.
- Cape Point - Where the Atlantic and Indian Oceans meet, and dramatic cliffs drop into turquoise seas. A must-see for every visitor.
- Robben Island - A moving and historic experience; tour the island where Nelson Mandela was imprisoned and gain deep insight into South Africa's past.

- Kalk Bay - A colourful seaside village known for its quirky shops, art galleries, antique stores, and exceptional restaurants overlooking the harbour. Wander the cobbled streets, browse the boutiques, and enjoy fresh seafood with ocean views.
- Hout Bay Harbour - A working fishing harbour alive with atmosphere. Explore its bustling markets, book a boat trip to see the resident seal colony, or enjoy fish and chips straight off the quay.

BEST TIME TO VISIT CONSTANIA

Constantia has something to offer all year round. Peak season is during the summer months from November until April when temperatures can reach 30°C/86°F or more.

During the winter months, temperatures drop to an average of 18°C/64°F, offering you the opportunity to enjoy crackling fireplaces, red wine, and the many festivals hosted in the valley.

MAKING A DIFFERENCE, TOGETHER

At Last Word, we believe travel should leave more than footprints — it should leave hope, opportunity, and a better tomorrow. Every stay with us directly contributes to the people and wildlife who make our world so extraordinary. Across all our hotels and safari camps, we proudly support a range of charities and conservation projects that are changing lives and protecting our natural heritage.

• Hopetown Network

Empowering communities through social upliftment, education, and mental health support, Hopetown connects people in need with lasting solutions that restore dignity and hope.

www.hopetown-network.com

• FRANCO

Franco provides critical prosthetic and orthotic care to children and adults who might otherwise go without. Their work restores mobility, independence, and confidence — one step at a time.

www.francosa.co.za

• The Underdog Project

A heartwarming Cape Town initiative that pairs vulnerable children with rescue dogs to build trust, confidence, and compassion through positive, reward-based dog training. By helping the dogs, the children learn empathy and resilience — changing two lives at once.

www.underdogproject.org

• And at Christmas... Santa's Shoebox Project

Each year, we join the Santa's Shoebox Project in bringing joy to underprivileged children across South Africa. We invite our guests to take part — one shoebox, one child, one unforgettable Christmas.

www.santashoebox.org.za

By staying with us, you become part of this story — helping us care for the people, wildlife, and wild places that make The Last Word so extraordinary.



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