



# SPA MENU

***Place of Peace Journey*** 90 MINS / R1,300

A full-body exfoliation to smooth, soothe and brighten the skin. Completely surrender and let peace await with a full body massage, specially tailored to your preferred pressure and focus areas.

***Destress Muscle Release*** 60 MINS / R950

This massage targets stiff and sore muscles by concentrating on the areas of lactic acid build-up. Pressure is altered from medium to deep to adapt to those tough tension areas and improve circulation. A cooling gel is applied to the upper back to refresh, calm and soothe the relieved area.

***Relaxation Aromatherapy Massage*** 60 MINS / R880

A relaxing light-to-medium pressure full body massage using beautifully-blended aromatherapy oils to bring relief to tired, aching muscles.

***Back, Neck & Shoulder Reliever*** 30 MINS / R450

Target muscle tension in the upper back with this focused massage using your preferred degree of pressure.

***Earth Child Relaxation Massage*** 30 MINS / R450

A relaxing light-to-medium pressure massage to treat and ease the mind and body. Available to children aged 6–12.

***Pure Being Shea Butter Massage*** 60 MINS / R950

African Shea Butter has been long hailed for its powerful healing and nourishing properties, with this treatment leaving the skin deeply hydrated.

***Back, Neck, Shoulder & Foot Relief*** 60 MINS / R880

For those wanting to relieve tension in the upper body through a combination of manual manipulation and healing oils. Includes a gentle foot massage with Healing Earth's antioxidant-rich and deeply detoxifying peppermint, rosemary and eucalyptus-infused foot ritual products.

***Foot & Leg Relief*** 30 MINS / R480

A cleansing foot ritual to gently exfoliate and soften the feet. Enjoy a relaxing foot and lower leg massage to melt away tension and soothe tired muscles.

***Relaxing Head Massage*** 30 MINS / R400

Gently stimulate pressure points on the head, releasing tension and offering additional benefits such as improved hair growth, headache relief and increased circulation.

## OPTIONAL EXTRAS

***Full Body Polish*** 30 MINS / R450

A full-body exfoliation to smooth, soothe and brighten the skin. Completely surrender and let peace await with a full body massage, specially tailored to your preferred pressure and focus areas.

***Extra Time*** 30 MINS / R380

Extend your choice of any 60-minute massage with additional time as you surrender in complete tranquillity and bliss.



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## *Couples Romantic Retreat*

120 MINS / R3,000

A blissful journey starting with a private jacuzzi session and a refreshing drink with your significant other. This is followed by a full-body exfoliation, helping to soften and smooth the skin while you gently inhale the calming aromas of Marula and Neroli. Next, surrender to a side-by-side couple's massage using a deeply hydrating body balm, specially tailored to suit your preferred pressure and areas of tension.

## *Pure Being Shea Butter Massage*

60 MINS / R950

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## *Back, Neck, Shoulder & Foot Relief*

60 MINS / R880

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