




# Inzolo Spa

## MENU

Inzolo, meaning 'peace' in Xhosa, is an apt name for our tranquil spa and the perfect accompaniment to your safari break.



### Signature Treatments

*Our signature treatments blend luxury and nature for a rejuvenating wellness experience. Inspired by the wild, each treatment is tailored to provide ultimate relaxation and renewal.*

#### **Salt Glow Cleanse**

- A rejuvenating treatment that includes a revitalising exfoliation and deep pore steam cleanse, followed by a moisturising massage that will leave your skin glowing and your mind relaxed.

**Full Body 90 Min R1,500**

**Back only 45 Min R850**

#### **Candle Wax Massage**

- Indulge in the warm, nourishing embrace of our soy candle wax full body massage. As the candle melts, it transforms into a rich, aromatic oil that soothes and deeply moisturises your skin. Choose from three different scents to suit your preference.

**90 Min R1400**

#### **Karoo Foot Soak**

- Enjoy a relaxing soak followed by an exfoliation, revitalising foot mask and massage.

**45 Min R700**

### Massage Collection

*Our massage collection, available for individuals or couples, draws from South Africa's natural beauty and heritage. Each treatment restores balance using traditional techniques and local elements. Reconnect with nature in a serene environment.*

#### **Full Body Massage**

- Swedish massage: a soul reviving full body massage designed to enhance, relax and restore the body.
- Deep tissue massage: a specialised massage which focusses on the deeper layers of muscle tissue.

**60 Min R1000**

#### **Hot Stone Massage**

- Melt away tension with a soothing hot stone massage, combining warm basalt stones and gentle pressure to relax muscles and restore balance.

**60 Min R1150**





**Back, Neck & Shoulder Massage**

- A combination of massage techniques to relieve muscular tension whilst calming, relaxing and soothing the senses. Available as a relaxing or deep tissue massage.

**45 Min R850**

**Head & Neck Massage**

- Release tension and restore balance with our calming head and neck massage. This massage will focus on the face, scalp and neck massage to de-stress mind.

**45 Min R850**

**Couples Treatments**

Enjoy a couples treatment of your choice and enjoy 20% off the second treatment, creating the perfect opportunity to relax together and reconnect

**On The Deck**

Our therapists can also deliver your massage treatment from the privacy of your room or on your deck with the expanse of the Karoo as a backdrop *Extra R200*

**Facial Collection**

*Discover our curated facial, featuring tailored treatments that cleanse, rejuvenate, and restore your skin's natural radiance. Using nature-inspired ingredients from the Healing Earth and Esse collection for a glowing, refreshed complexion.*

**Anti-Ageing Facial**

- This rich rejuvenating facial helps regenerate the skins natural collagen. The active ingredients in the products use also help combat the signs of ageing.

**60 Mins R1000**

**Deep Cleansing Facial**

- A clarifying facial that uses a special brush to rid the skin of oils and impurities followed by a lymph drainage massage.

**60 Mins R1000**

**Express Collection**

Our express collection provides quick, refreshing treatments, perfect alone or as an add-on. Each option offers a fast boost of relaxation whenever you need it.

- Head & Shoulder Massage
- Karoo Foot & Leg Massage
- Hand & Foot Massage
- Foot Soak & Massage
- Karoo Scalp Massage

**30 minutes R500**

**Cubs Collection**

Our Cubs Collection offers gentle, age-appropriate, fun treatments for young guests, introducing kids and teens to wellness in a soothing environment.

**Junior Massage**

A relaxing junior massage.

**20/30 minutes R400/R500**

**Junior Facial**

A clarifying facial to refresh and cleanse the skin from any impurities.

**20/30 minutes R400/R500**

**To book a treatment visit the Inzolo Spa or speak to any member of the Kuzuko team**

*As we have a limited number of therapists, treatments are subject to availability. Please speak with your therapist to create a personalised massage experience.*

*Kindly arrive 10 minutes prior to your scheduled time and we ask that you avoid consuming alcohol before your treatment.*

*Pre-booking is required for sauna use.*

**We look forward to welcoming you to the Inzolo spa**

